



**ELEMENTARY CENTER:** An architectural rendering shows what the exterior of Johnston's new elementary school may look like once it's built. The school will be built to educate more than 1,000 first through fourth graders. (Images courtesy SLAM)

## COVID case count climbs at Winsor Hill

By RORY SCHULER

The number of COVID-19 cases has climbed to 23 at Johnston's Winsor Hill School.

There are "four additional cases" Johnston Schools Superintendent Dr. Bernard DiLullo Jr. said Tuesday.

The four new cases have all been diagnosed in students. That makes 21 student cases and two adult staff member cases connected to the outbreak that led to closure of the school for one day last week.

Meanwhile, more than 40 Winsor Hill students are in quarantine after contact tracers determined they were in "close contact" with confirmed cases.

"We estimate one whole first grade classroom; 22 kids," DiLullo said. "And then an additional 20 kids have been identified as 'close contact.'"

In the meantime, the Johnston School Committee has approved the hiring of a teacher whose job will be exclusively to help educate children learning at home, while in quarantine.

"I was concerned about the kids being home, and without instruction, especially at the elementary level," DiLullo said. "The kids still need that guidance."

■ COVID - PAGE 15

# Glimpse of the future

Timeline unveiled for \$215M in new school projects

By RORY SCHULER

As the Johnston School District plans the biggest education facility overhaul in town history, voters will ultimately decide whether to pay for the \$215 million project.

Last Wednesday, the audience at a special School Committee meeting received a glimpse of the plans in store for the town's schools: a new elementary school, a new early education center, and renovated middle and high schools.

Johnston Schools Superintendent Dr. Bernard DiLullo Jr. said the next step will be a Stage 2 submission of plans to the state Department of Education.



**THE FUTURE?** An architectural rendering shows what the new Early Childhood Center may look like once it's built and occupied by the town's youngest learners. (Images courtesy SLAM)

■ SCHOOLS - PAGE 16 & 17

# OSDRI hosts annual Veteran Assistance Weekend

By RORY SCHULER

Operation Stand Down Rhode Island (OSDRI) kicked off its annual veteran assistance outreach weekend on Sept. 17.

The two day event featured a wealth of resources to help veterans in need.

"The Veteran Assistance Weekend hosted over 300 in-need veterans who were able to access life-changing and in some cases life-saving services from nearly 50 providers," said OSDRI Executive Director Erik Wallin.

The event also featured a special presentation of the Boots of the 29 fallen Rhode Islanders and the 13 American Service members killed in Kabul during the rescue efforts on Aug. 26, as a tribute to the 20th Anniversary of the 9/11 terrorist attacks. The boots were part of OSDRI's annual display of the Boots on the Ground for Heroes Memorial.

■ OSDRI - PAGE 15



**SERVING THOSE WHO SERVED:** Rhode Island State Treasurer Seth Magaziner, Johnston Mayor Joe Polisena and former Cranston Mayor Alan Fung joined OSDRI volunteers to serve food to veterans from veteran-owned Smoke and Squeal Barbeque. (Submitted photo)



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**MIKE & TONY:** Tony Petrarca and Mike Montecalvo from WPRI 12 ran the Race for Matt and Grace on Sept. 18. (Submitted photos)

## After latest Race for Matt & Grace, million-dollar finish line within sight

By RORY SCHULER

Only \$10,000 away from raising \$1 million for the Friedrich's Ataxia Research Alliance (FARA).

Can you help put them over the finish line?

Matthew DiIorio passed away on the Fourth of July at age 40 after a long battle with Friedrich's ataxia (FA), a debilitating neurodegenerative disorder.

Now, without Matthew, the struggle to find a cure for the disease, and support its victims, continues in his memory.

DiIorio's friends and family have raised nearly \$1 million dollars over a dozen years.

On Saturday, Sept. 18, they held the 12<sup>th</sup> annual Race for Matt & Grace at Rhode Island College. Registrants had the option to run, walk or roll through the 5K Road Race or a walking course.

"We announced at the end of the race that this year's fundraising totaled \$150,000, which brings the 12-year total to \$990,000," said Michael Crawley, Matthew's lifelong best friend. "Those who want to help us reach the \$1,000,000 goal by the end of the year can do so via [curefa.org/RFMG](http://curefa.org/RFMG)."

More than 5,000 people



**ALL SMILES:** Laura Colantonio and Tara Sukaskas registered for the 12th annual Race for Matt & Grace.

in the United States suffer from FA, a rare, debilitating and progressive neurological disease, for which there is currently no cure. Members of FARA hope to change that.

Events like the Race for Matt & Grace raise money for research and awareness of the disease.

Matthew DiIorio, a Johnston native, was diagnosed with the illness in 1994, at the age of 13.

About four years later, FA began to take its toll. In 2009, DiIorio became a tireless advocate for FARA. He and his family

and friends worked hard to raise nearly \$1 million over the past 11 years for FARA and others who suffer from FA.

Even after the DiIorio family and his friends reach \$1 million raised, they plan to keep on running past the finish line. They pledge to keep on running until FARA can stop the disease in its tracks.

More information can be found at [www.curefa.org/rfmg](http://www.curefa.org/rfmg) (checks to FARA may be mailed to 533 W. Uwchlan Ave., Downingtown, PA 19335; reference RFMG).



**TEAMWORK:** Mia Currier, Richie Currier, Maria Currier, Gabriela Currier, and Audra Currier attended the event, which raised money for FARA.

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# McKee lands support of Democratic Town Committee

By RORY SCHULER

Although he has yet to officially enter the 2022 race for governor, current Rhode Island Gov. Dan McKee received a nod of support from Johnston's Democratic Town Committee (JDTC) Monday night.

"The governor hasn't made an announcement he's running," said committee Chairman Richard J. Delfino Jr. "He said right now, he's focused on running the state, but plans to announce in January."

The committee initially considered handing McKee and Lt. Gov. Sabina Matos their first official endorsement, Delfino said.

However, since their candidacy for re-election has not yet been made official, the committee unanimously approved a motion to support the governor and lieutenant governor for reelection, "when that time comes," Delfino explained.

"We voted and then he got a standing ovation," Delfino said. "Dan McKee, when he announces his candidacy for governor, he will have the endorsement and the support of the Johnston Democratic Town Committee. Upon his declaration of candidacy, then his formal endorsement will take place."

Delfino said "close to 70 people" attended the meeting at the Maria Ss Della Difesa Society Hall, 15 Lafayette St.

"It was very well attended by members of the Democratic

Town Committee," Delfino said, adding that there are 55 members of the JDTC, and more than 50 attended and voted Monday evening.

McKee and Matos also attended the meeting.

"The people in Johnston have come to know Dan McKee," Delfino said. "The governor gave an update on the things he was working on. It was all very very positive and he was very appreciative."

McKee, as the former mayor of Cumberland, formed a close relationship with Johnston Mayor Joseph M. Polisena, Delfino said.

The JDTC eventually supported McKee's candidacy for lieutenant governor.

Polisena did not reply to requests for comment for this story.

"The governor said Johnston was like a second home to him," Delfino said. "He received a standing ovation for his work. It was very very positive for him and for us. He said he is absolutely committed to the state's 39 cities and towns, and cares about the issues that affect every city and town."

The governor's office staff said they could not comment on the vote of support from the JDTC because it was an election matter. McKee, himself, was not available to comment.

"Dan McKee is somebody we know," Delfino said. "We know him well."



**VOTE OF SUPPORT:** Johnston's Democratic Town Committee (JDTC) Chairman Richard J. Delfino Jr. introduces Rhode Island Gov. Dan McKee and Lt. Gov. Sabina Matos. (Submitted photo)

# YMCA hires Johnston's Erausquin as Health and Wellness Director

The YMCA of Pawtucket has chosen Nico Erausquin, of Johnston, to serve as its Health and Wellness Director.

Erausquin is an expert in strength and conditioning, exercise and fitness, and adaptive programming and has previously worked at the Cranston and East Side YMCAs. He has a total of 14 years of experience in his field.

"We are excited to have Nico at our MacColl YMCA leading our health initiatives," said Jeanine Achin, the Chief Operations Officer at the YMCA of Pawtucket. "He will be opening our new adaptive gym that will offer options for all physical abilities. We will be purchasing equipment that is accessible to all including those who experience

paralysis or neurological conditions. Nico is dedicated to helping all people set and reach their health goals."

He previously served as the Adaptive Program Director at the Cranston YMCA and the Regional Health and Wellness Director at the Cranston and East Side YMCA. He also held positions in his field at Journey Forward, Sky Zone,



**Erausquin**

with a focus on exercise science from the University of Rhode Island and is a certified by the NeuroRecovery Training

Salve Regina College, and the City of Newport.

He received his Bachelor of Science in Kinesiology

Institute (NeuroRTI), in Louisville, Kentucky in neuromuscular recovery, activity-based therapy, upper extremity Neuromuscular Electrical Stimulation (NMES), and locomotor training.

"I'm excited to continue my work at the YMCA helping members of the community achieve their exercise, fitness, and health goals," Erausquin

said. "I've devoted my career to exercise, fitness, and neurological and adaptive programming and am looking forward to building on this experience as the YMCA of Pawtucket's Health and Wellness Director."

Erausquin lives in Johnston with his wife Michaela and three children, Madeline, Grady, and Aubree.

# Johnston's Arpander to be honored as STEM All-Star

Johnston resident Mary Arpander, staff vice president and senior chapter lead of software engineering at Johnston-based FM Global, one of the world's largest commercial property insurers, will be honored as a 'Technology All-Star' by the 2021 Women of Color STEM Conference.

The forum recognizes outstanding achievements in the

fields of science, technology, engineering, and math (STEM) and will be held Oct. 7-9, 2021.

The conference's 2021 Technology All-Stars are all accomplished women of color in the mid- to advanced levels of their careers who stand as role models for their professional achievements and contributions to their communities.

"Our Technology All-Stars



**Arpander**

are helping to shape the future of tech by bringing their deep expertise and insights, along with their unique and valuable points of view, to help solve some of the most important challenges faced by their industries," said Tyrone Taborn,

CEO of Career Communications Group, which puts on the Women of Color STEM Conference.

Arpander has worked at FM Global since 2005. Earlier this year, she was appointed to her current role where she enables the development and delivery of efficient, quality technology solutions.

The Women of Color STEM

Conference, now in its 26th year, has been the venue where women and men from diverse backgrounds have come to recognize outstanding achievements in science, technology, engineering, and math (STEM), celebrate excellence in STEM-related fields, and create a career learning and networking environment.

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**Watch Your MOUTH**

by Rochelle Rhodes, D.M.D. and David McFarland, D.D.S.

**DENTAL FEAR: THE REAL DEAL**

One of the most common of all fears is dental fear. Nearly 75 percent of adults have a fear of the dentist at some point. Although practices now optimize comfort, fear of dentistry remains constant, ranked fourth among the most common fears. Fear is our brain telling us something doesn't feel right; however, for adults who have anxiety associated with dental visits, its source often is a traumatic dental visit in their past. Approximately ten percent of these adults are categorized as dental-phobics. Dental fear is not shameful, nor does it make one a "problem patient." Overcoming dental fear involves taking small, comfortably paced steps to conquer dental fears and phobia. Let your dentist know how you feel!

What's been keeping you from visiting the dentist? If it's dentophobia, we would like you to know we have calmed the anxieties of many patients at DENTAL ARTS GROUP over the years, with our relaxing atmosphere and friendly, compassionate staff. And because of the many advances in dentistry, including nitrous oxide sedation, the dental procedures we perform today are much less painful or even pain-free. We'll work together at 1136 Hartford Ave., Johnston, to ensure your appointments with us are comfortable, productive, and rewarding. You can reach us at 401-521-3661.

HINT: Dentophobia is the fear of dentists. It can be overcome with simple, practical steps.

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**POLICE LOG****LARCENY**

On Oct. 15, 2019, Johnston Police investigated the report of a stolen debit card. The victim told police that they allowed a friend, Ronnie Joseph Franco, of 1157 Narragansett Parkway, Warwick, to stay in their home.

On Saturday, Oct. 12, 2019, the victim was alerted by cell phone text message that around 3 a.m. someone had used their Bank of America debit card, according to the police incident report.

The victim told police they went to check on Franco, but discovered that he had "snuck out" of the house. The victim then checked a purse in the home, and realized the debit card was missing.

The victim alleged that Franco made three fraudulent debit card transactions from the ATM machine at Cumberland Farms located at 2643 Hartford Ave. Three unauthorized transactions were made that morning, one for \$20, the second for \$44, and the third for \$9.95.

The victim told police they would like to pursue a criminal complaint.

A criminal background

check revealed Franco had previous burglary and larceny convictions on his record, according to the police incident report.

The case was turned over to the Detective Division.

Nearly two years later, on Sept. 7, 2021, Franco was arraigned on misdemeanor charges of Fraudulent Use of a Credit Card and Larceny Under \$1,500. Surety bail was set at \$2,000. A status hearing was scheduled for Sept. 13, and a pre-trial hearing was scheduled for Sept. 27.

According to the police report, Franco was not processed due to being incarcerated at the ACI.

**VANDALISM**

Around 7:30 p.m., on Sept. 2, Johnston Police Officer Manuel Perez was dispatched to a Johnston home in reference to the report of vandalism to a motor vehicle. The victim told police that upon arrival at her residence around 4:30 p.m., she observed damage to the passenger side of her vehicle and said she had last observed the vehicle was in good condition on Sept. 1, according to the police incident report.

Immediately after noticing the damage to her vehicle, she reviewed camera surveillance footage from cameras on the property and observed that at 8:43 a.m. on Sept. 2, a man she only knew as "Fabio" had rammed a trash bin into the passenger side of her vehicle several times.

Police watched the footage and saw a white man wearing a black shirt, gray shorts and black shoes intentionally ramming a black trash bin into the vehicle several times.

Attempts to speak with the man, later identified as Fabio Raposo, of 111 George St., Johnston, were initially unsuccessful, according to the police incident report.

Police noted minor damage to the front and rear passenger side door of the victim's vehicle.

The victim told police that she would be able to positively identify the suspect if she were to see him again, and she told police that she wished to pursue criminal charges.

The report was forwarded to the Detective Division.

Around 11:45 a.m., on Sept. 8, Johnston Police Officer Cody Weaver responded to the Johnston Police Department Headquarters to process Raposo, who turned himself in on an active warrant for a misdemeanor charge of Vandalism/Malicious Injury to Property. He was processed and released with a Third District Court summons to appear Sept. 20.

**CONSPIRACY**

Around 10:30 a.m., on Sept. 10, Johnston Police responded to The Home Depot, 100 Stone Hill Drive, in reference to a report of shoplifting in progress. While en route to the location, dispatch advised officers that the suspects fled in a silver Jeep with unknown registration, and that the suspect was a black male wearing a black hooded sweatshirt and red hat.

As Johnston Police Officer Arthur Petteruti approached the Atwood Avenue/Route 6 on-ramp, he observed a vehicle matching the description access the ramp and travel eastbound, according to the police incident report.

"At that time, I was able to catch up to the suspect vehicle and conduct a motor vehicle stop in the area of Route 6 east bound just prior to the Killingly Street exit," Petteruti wrote in the report. "At that time, I advised dispatch of the motor vehicle stop and advised the male in the rear matched the suspect description."

The male driver told police that he had just left The Home Depot plaza and did not know what was going on, according to the police incident report.

"Due to an active investigation, all three occupants were removed from the motor vehicle and detained," Petteruti wrote.

While on scene, another patrolman responded to the store and spoke with loss prevention personnel. Petteruti was provided with an image of the suspect from the surveillance camera, which matched the man in the back seat, later identified as Rodney L. Elliot, homeless, of Providence,

according to police.

Petteruti was able to identify the male driver as Jorge Ledecrespo, of 65 Ledge St., Apt. 1FL, Providence, and the other passenger as Phillip D. Silva, of 526 Branch Ave., Providence.

Petteruti conducted a check on all three occupants, and discovered Ledecrespo did not possess a Rhode Island driver's license, but was negative for warrants.

A Rhode Island Law Enforcement Telecommunications System (RILETS) check on Elliot was met with negative results, according to police.

A RILETS check on Silva, however, revealed he had an active NCIC warrant from the Providence Police Department for Domestic Felony Assault, Domestic Simple Assault and Failure to Relinquish a Telephone.

Due to the information available to police, all three men were transported to headquarters for processing.

Ledecrespo's vehicle was towed from the scene.

Ledecrespo and Silva were processed, allowed to make a phone call and secured in a cell.

Ledecrespo was charged with a misdemeanor charge of Conspiracy, and Driving without a License.

Silva was also charged with Conspiracy, and held on the active warrant. Silva was also held at headquarters because of probation violations stemming from previous larceny and breaking and entering charges, according to the police report.

"While on scene, I conducted a check on all three male occupants," Petteruti wrote in the report. "While attempting to search Mr. Elliot I observed him to be clenching an item in his fist. Upon opening his hand, I observed him to be holding a clear bag with a powder substance."

A Nac II test identified the substance as heroin, and it weighed 0.3 grams.

Elliot was processed, allowed to make a phone call and secured in a cell. He was charged with Shoplifting, Conspiracy and Possession of Schedule I, II, III, IV, V controlled substance, all misdemeanors.

**Trunk or Treat at St. Robert Bellarmine**

St. Robert's Bellarmine will be holding a Trunk or Treat event on Oct. 30 from 1:30-3:30 p.m.

The church, at 1804 Atwood Ave., Johnston, would like to invite the public to the event, which will offer free admission, food, music, games and crafts.

Prizes will be awarded for "Most Creative," "Funniest Costume," "Best Saint Costume," and "Best Decorated Trunk."

If you would like to enter your decorated car contact Dina Veiga at [srbccd2020@gmail.com](mailto:srbccd2020@gmail.com), or Kathleen Rubino at [krubino67@comcast.net](mailto:krubino67@comcast.net) by Oct. 27.

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**CATHOLIC LEARNERS:** Taken on the front steps of St. Pius V. School in Providence, students posed for a photo on Wednesday, Sept. 15. Back row: Chris Weber, principal of Blessed Sacrament School, Sister Josemaria Pence O.P., principal of St. Pius V School, Janet Rufful, principal of St. Augustine School. Middle Row: Gina Hand, principal of St. Rocco School, Father Kenneth Sicard O.P., president of Providence College, Msgr. Albert Kenney, Vicar General, Diocese of Providence. (Courtesy Providence College)

## PC renews commitment to Catholic ed; St. Rocco's School joins initiative

Providence College has announced that it is making a second gift of \$100,000 to the Diocese of Providence Catholic School Office (CSO) to support Catholic education in Rhode Island through its innovative FriarServe program.

The funding will continue to be paired with a service component involving PC students, faculty, and staff. Five hundred twelve (512) Providence College students, faculty, and staff have volunteered more than 2,500 hours of service over the first four years of FriarServe. The service component of the program has now also been renewed for another four years.

This year, Johnston's St. Rocco School will also benefit from the program over the next four years. They saw how much this program has helped other local Catholic schools, especially during the pandemic, with virtual after school activities and tutoring and wanted to be a part of it for their families and students.

"St. Rocco School is excited to be one of the five Catholic elementary schools who will be part of the FriarServe Program this year," said St. Rocco School Principal Gina Hand. "As a first-time FriarServe school, we look forward to building a strong relationship with Providence College and the volunteers who will serve in our school community. I was blessed to see firsthand during my years teaching at St. Pius V School, the good the program does and the unique bond the students form with the college volunteers. The Providence College students were able to share their talents and the elementary students benefited from being with enthusiastic, young adults in an educational environment. It was a win-win for everyone. I know it will have the

same positive impact at St. Rocco School."

"We are pleased to renew our commitment to Catholic education at the K-12 level in the Diocese of Providence with a new, four-year commitment to the FriarServe program," said Providence College President Kenneth R. Sicard, O.P. "I am immensely proud of the work of our students, faculty, and staff who have volunteered their services in the five FriarServe schools over the initial years of the program, and, especially, how we were able to pivot to offering some of those services virtually during the last year. In addition, I know that our financial support has made a substantial difference in the lives of dozens of children attending Diocesan Catholic schools, and I am so pleased that we are able to continue this commitment."

"I am very grateful to Providence College for the financial support it has offered once again for several of our Catholic elementary schools," said the Most Reverend Thomas J. Tobin, Bishop of the Roman Catholic Diocese of Providence. "This very generous contribution recognizes the importance of Catholic education in our community, and will certainly be a blessing for our students, their families and our schools. Thank you, Fr. Sicard!"

The first contribution of its kind to the diocese was made in 2017 in honor of PC's Centennial. The College's second gift will once again be made through the CSO in equal sums of \$25,000 for four years. The money will be used for scholarships to students attending Catholic elementary and secondary schools via the CSO's Anchor of Hope Fund, a diocesan financial assistance fund that helps financially strapped families secure a Catholic school education for their children. Part of

the gift will be used to continue the Bishop Matthew Harkins Founder Fund, which was created in recognition of the founder of Providence College, to provide tuition assistance to students attending four urban Catholic elementary schools in the City of Providence and one in Johnston. Schools participating in this round of FriarServe are Bishop McViney School (South Providence), Blessed Sacrament School (Mt. Pleasant), St. Augustine School (Mt. Pleasant), St. Pius V School (Elmhurst) and St. Rocco School (Johnston), which is new to the program.

The five elementary schools all have Reading Weeks, Service Days, and other events where the presence and support of members of the Providence College community will be of great benefit to the individual school communities. Many students at these schools will also benefit from having PC students as mentors and/or volunteer tutors. The College will work with the CSO as well as each individual school to ascertain individual school needs and coordinate volunteer opportunities for PC students, faculty and staff.

The scholarships and service component of the program are beginning with the start of the new academic year.

Founded in 1917, Providence College is the only college or university in the United States administered by the Dominican Friars. The Catholic arts college has an undergraduate enrollment of approximately 3,900 students and offers degrees in 49 academic majors. Since 1997, Providence College consistently has been ranked among the top five, liberal regional universities in the North according to U.S. News & World Report's "America's Best Colleges."



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**IF YOU TEST POSITIVE, ASK YOUR DOCTOR IF MABS IS RIGHT FOR YOU.**

Visit [covid.ri.gov/treatment](http://covid.ri.gov/treatment) to learn more.



**EDITOR'S NOTE:** On Wednesday, Sept. 1, Johnston's kids returned to school. That same morning, the Johnston Sun Rise asked the parents of Johnston to send us back to school photos. So many of you responded that we were inundated with submissions. At last count, we received more than 100 photographs. We did our best to run them all in print. If we missed your submission, please reach out and let us know. Thank you so much for your incredible response. Hopefully this will become an annual Sun Rise tradition. Email the editor at rorys@rhodybeat.com.

# Back TO SCHOOL



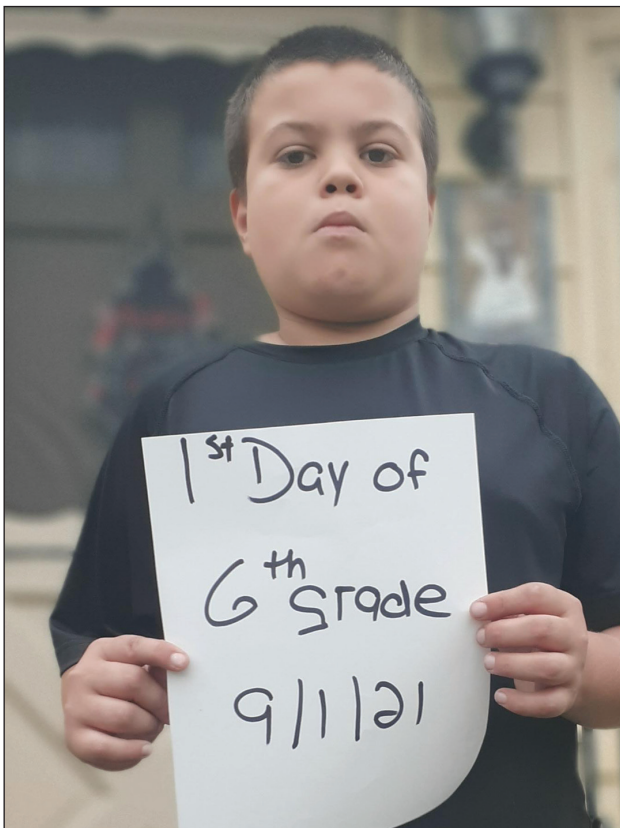
Abigail Ferri, 8th grade, wants to be a chef when she grows up.



Donnie Pagliaro, First Grade



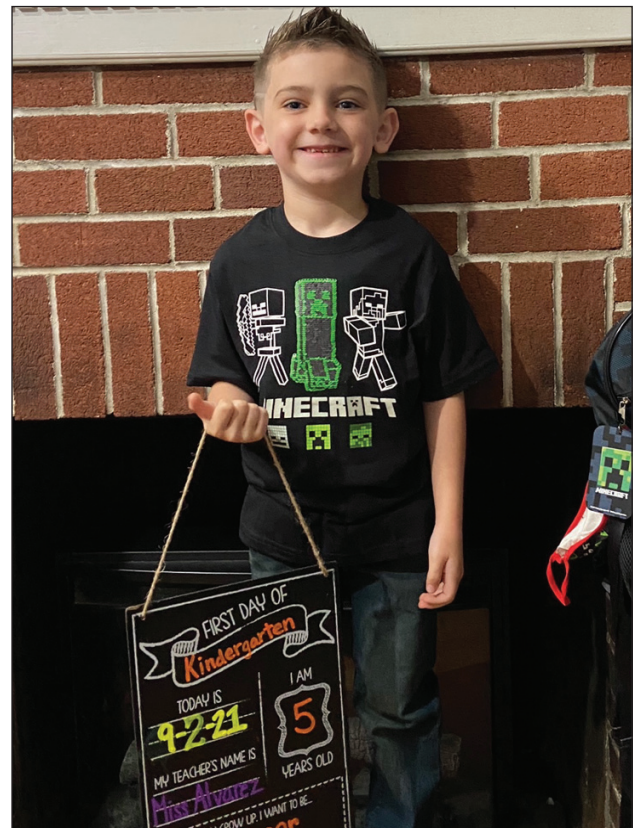
Evelina DeSimone, Fourth Grade



AJ DeSimone, Sixth Grade



Julia Williams, Fifth Grade



Maximus DaSilva, Kindergarten

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Nicholas Arnold, Third Grade



Evelina DeSimone, Fourth Grade

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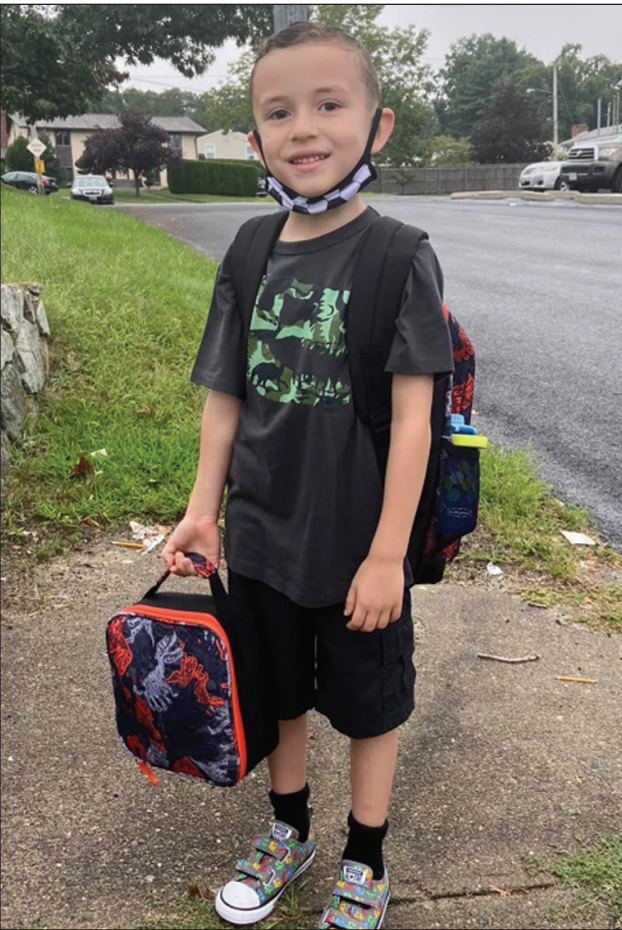
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Orlando Leo Ahumada, Kindergarten



Gian and Luca Izzo, Third and First Grades

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Nicholas Williams, Pre-K

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# spotlight ON BUSINESS

## The Term Paper

A thrilling novel by Johnston author Steven Gareau

**THE TERM PAPER**  
by Local Author **STEVEN GAREAU**

Sam Garrison wrote "The Term Paper" during his four year commitment to the USAF. His written radical views at that time exposed the two party system in the United States.

Sam finds himself and his friends being tracked down by government officials 20 years after writing what he thought was a benign yet radical term paper exposing flaws in the structure of a government. Suddenly connected to 4 students with a similar theory Sam finds himself faced with an individual that will silence him at any cost.

Twists & turns in this exciting thriller will leave you on the edge of your seat and wanting to turn to the next page.

AVAILABLE NOW AT:  
**amazon.com** **BARNES&NOBLE.com**

By **JENNIFER COATES**

He had just come off one of those adrenaline-pumping sailboat races that leaves you breathless. Sam Garrison was riding high ~ he was newly in love, had just sold a lucrative business, and was on the threshold of a world of wide-open possibilities. What Sam didn't know then was that the life he planned was not the life that now lay before him ~ and it all began with the resurrection of an old, seemingly innocent term paper that he had written twenty years earlier in college.

Sam Garrison is someone you might know. He is steady, smart, ambitious but relatable. He loves politics ~ one might even say he is a scholar of "all things politics" ~ and not just partisan politics. He is an observer of history, more specifically, our nation's complex governmental history.

As a young college student, Garrison had written a term

paper that he thought was a relatively innocuous exposé on the flaws of our two-party government system. What made that paper so memorable was how prophetic it turned out to be. It hypothesized that the two-party system which had long stood as the bastion of democracy, was vulnerable to fraud, abuse, and corruption. He proposed that a third party, such as the one represented by the late Ross Perot, was needed to watch over the better parts of the two-party system. This was needed to "keep each party honest."

When we first meet Sam, we learn that twenty years after the composition of that term paper, four students at American University have presented a separate paper that outlines a few theories of their own on the government's structure. The difference between Garrison's analysis and the radical ideas of these students is that they have conceived of an idea

that will destroy America and its standard bearer, the Constitution, from within.

For those who haven't figured it out yet, Sam Garrison is a fictional character ~ the conceptualization of Johnston resident and political aficionado Steven Gareau. In a style that resembles author Tom Clancy, Gareau has written a fast-paced novel of intrigue, suspense, and pulsating twists and turns that take you from the classrooms of a prestigious college to the halls of our nation's Capitol. It is a nail-biter!

Though not autobiographical, Gareau's own voice is heard through the whole novel. He, like Garrison, is a successful businessman, veteran, athlete, and loving partner. He, like Garrison, is a student of politics. Unlike Garrison, however, Gareau suffered a stroke in 2017 while in the middle of writing this novel. What began in 2015 was completed with grit, determination, and an urgent desire to "beat the clock" as history began to imitate art.

Gareau's novel is fittingly entitled *The Term Paper*. If you like books that keep you on the edge of your seat, then purchase this book by local author Steven Gareau on Amazon.com or online through Barnes & Noble (in the US, UK and Australia), Walmart and Target.



Local author and political guru Steven Gareau is seen here displaying his novel *The Term Paper* in front of his 2002 black Corvette, just like the one driven by Sam Garrison, his adventurous alter-ego and the novel's main character.

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# Opinion

EDITORIAL

## Political season begins again

With the state gubernatorial primaries about a year away, political season in Rhode Island has officially begun.

We know that the Democratic candidates include State Treasurer Seth Magaziner, Secretary of State Nellie Gorbea, and former Secretary of State Matt Brown, who announced Wednesday morning. While he hasn't officially announced, it is all but confirmed that Gov. Dan McKee will seek re-election from his position of incumbency. Activist and former gubernatorial Democratic primary candidate Dr. Luis Muoz has also thrown his hat in. Providence Mayor Jorge Elorza is not running for governor.

As you may expect in deep-blue Rhode Island, especially since the Republicans have no established front-running candidate, the Democratic field is where most attention will focus as campaigning kicks into high gear throughout the next year.

That field is a diverse one already. You have high-office veterans in the East Bay native Magaziner – who will repeatedly, and we would argue rightfully, tout his work getting a billion dollars in sorely-needed school capital construction funding available to the states municipalities – and Gorbea, a champion of the state's Hispanic population who will herald the hard work done to hold a secure and successful election amidst a global health crisis.

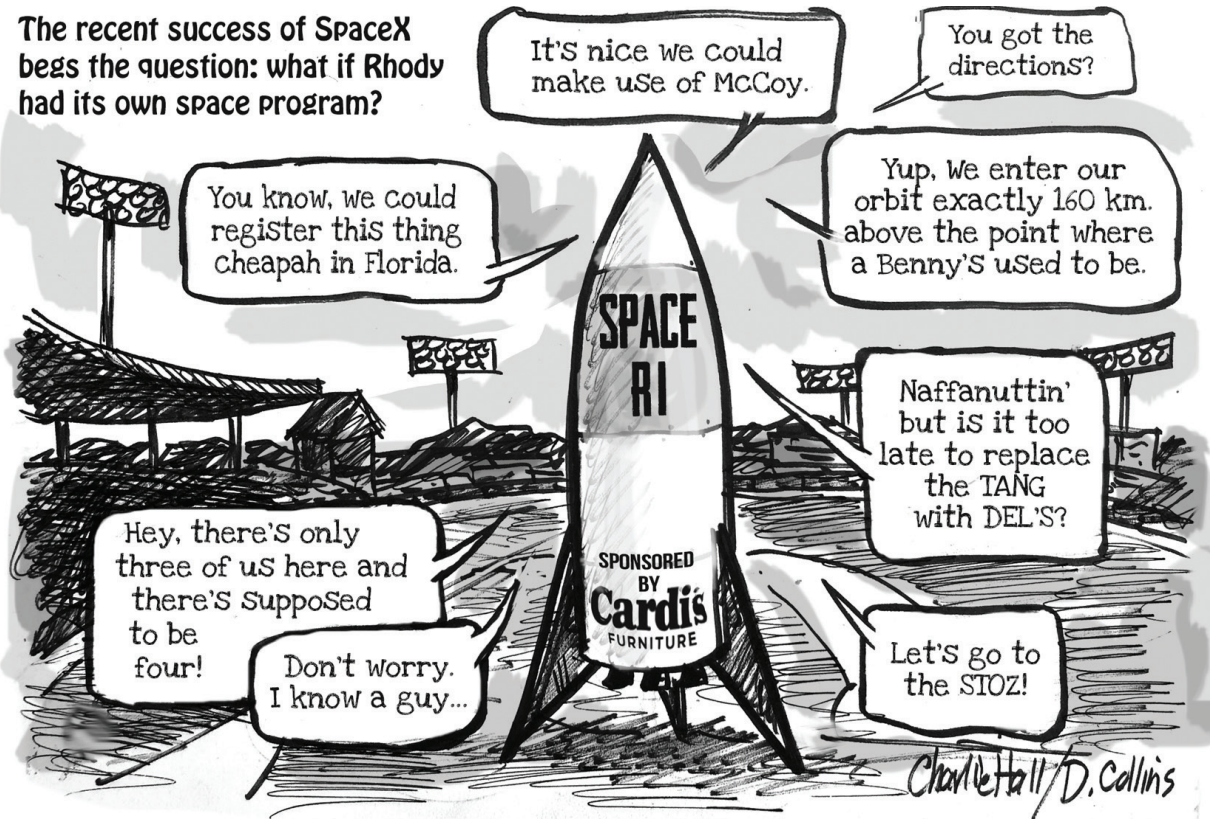
Many progressives will find their champion in the RI Political Cooperative-backed Matt Brown, who trumpets many of the same pro-people, anti-government-corruption sentiments that catapulted Sen. Bernie Sanders twice to nearly becoming the Democratic nominee for president, and resulted in a slew of victories for lesser-known challengers over favored moderate incumbents in the Rhode Island legislature in 2020. He has joined forces with Sen. Cynthia Mendes, a fellow progressive who upset the Senates Finance Committee chairman in 2020.

Indeed, with such an array of candidates from across the political spectrum, the field may become so split that receiving only a quarter of the total votes may be necessary to secure the nomination. Such situations usually favor the incumbent, who will always have the most media attention and name recognition. But it will remain to be seen if Gov. McKee can accomplish enough during his remaining months in office to convince voters he is worthy of another four years in office.

The 2022 race will become an intriguing referendum of Rhode Island voters and where their priorities reside. Will citizens be satisfied with how Gov. McKee has taken the reins and handled the latter stages of COVID, or condemn him for scandalous headlines involving the resignation of one of his top aides and awarding lucrative contracts to consulting firms composed of his allies? Will the progressives gain more ground on the moderate majority in the State House, or even grab the top office in the state?

One thing can be sure – to make any pronounced predictions at this point would be foolish. Buckle up and enjoy the ride.

The recent success of SpaceX begs the question: what if Rhody had its own space program?



LETTER

## Marriage is a lifetime commitment

To the Editor:

This September my wife and I will be celebrating our 60th wedding anniversary. Our long lasting marriage was enriched from the beginning by receiving the Sacrament of Matrimony. Sincere love, trust, charity, and sharing a common faith are just a few of the attributes we both have shared over the years.

We have sincere gratitude for the many gifts we have received especially our health. Also having a close and happy family and wonderful friends. The birth of our children, their marriages and the birth of our grandchildren were also some of the joyful happenings we have been blessed with.

The fun of family travel, enjoying the changing seasons and participating in many of the regional social events were very pleasant experiences within our marriage. We also endured as many of

you have the loss of family members, close friends, and illness, which are just a few of life's adversities.

We first met at a place called Schiller's now Spain's in Narragansett in the late Summer of 1960 and were married in the late Summer of 1961. We returned this summer to dine at Spain's for an early celebration of our 60th at the same building where we first met in 1960.

Time passes slowly now as we are limited in our leisure time activities since most of our friends are no longer present in our lives or are restricted from travel. Over some 35 years we traveled with ten or more couples for long weekends up and down the Atlantic coast. We enjoyed working together on committees, setting up, and attending ethnic or church sponsored social dances. We even participated in ethnic parades. These dances with live bands were prevalent

in many parish centers or social clubs most every weekend during the 1970's, 80's and 90's.

In retirement we both are active in worthwhile pursuits. My wife is active in volunteer efforts. I pursue certain interests such as photography, gardening, cooking and an agenda by submitting commentary on many issues of life safety and supporting our first responders with an extended effort for gaining a national day of appreciation.

Looking back at our jobs and careers we were fortunate that we were able to provide for most of life's necessities although not many of our wants.

We both have had interesting careers and local travel was a daily part of my wife's career as a registered nurse. For myself later in life I created a small business consultant company and had the opportunity to travel as my client's work required.

Married life in today's fast past living is extremely difficult for "living happily ever after". For some the new normal is gaining wealth, prestige and fame in order to prosper. In many ways it is a "me" life style.

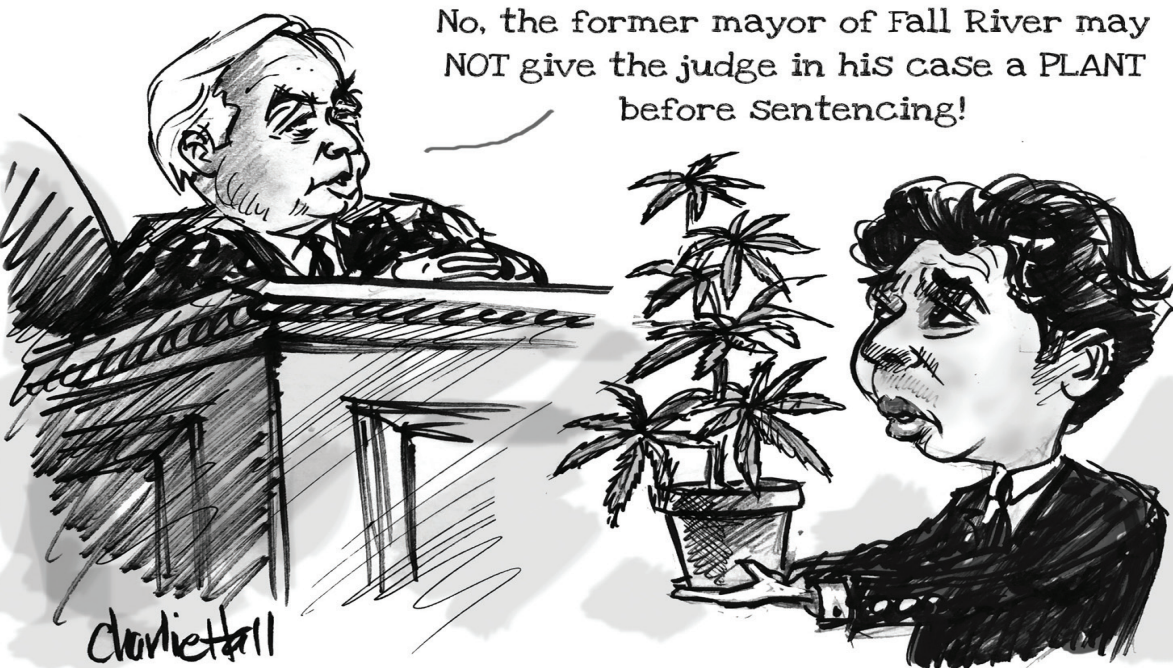
For those who are recently married or will be soon I would like to offer my simply advise. Place yourself in a position of listening, sharing, and caring for the needs of each other. A long lasting marriage requires commitment, honesty, and a lasting love affair.

Now go out and enjoy your unique journey and create your own memories as only you both can. Remember we are only human so when mistakes happen understand that you can learn from these unfortunate incidents and begin again your path to a happy, lasting, responsible marriage and a wonderful life.

Bob Sweeney  
Warwick

## Meanwhile at a courthouse in Boston....

No, the former mayor of Fall River may NOT give the judge in his case a PLANT before sentencing!



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# SUN RISE SCOOPS

By MERI R. KENNEDY

## Coed volleyball

The Johnston Parks and Recreation Department is currently accepting registrations for the coed middle school volleyball program. It is open to Johnston residents currently in the sixth, seventh and eighth grades. The program will be held at the Johnston High School gymnasium. Participants will meet three times per week for four weeks. For more information on pricing and times/dates, please visit [johnstonrec.com](http://johnstonrec.com).

## Confreda's Fall Festival

The Fall Festival is back at Confreda Greenhouses & Farms, located at 2150 Scituate Ave. in Cranston. This year's festival theme is "Rhode Island Strong." The activities include hayrides, the Corn MAiZE, the Animal Backyard and Pumpkin Patch. For full information on the Fall Festival, visit [confredasfallfest.com](http://confredasfallfest.com).

## Church seeking vendors for Holiday Bazaar

Our Lady of Grace Church, located at 4 Lafayette St. in Johnston, would like invite vendors to participate in its Holiday Bazaar on Oct. 17. There will be crafters, vendors, a penny social, food and more. For information, contact Pat Leon at (401) 529-7592.

## Beer Garden City

Join Garden City Center and Avvio Ristorante for a summer sendoff you won't want to miss.

The rotating lineup of local breweries outside at the Gazebo concludes Sept. 24-26 with Whalers Brewing Company.

Hours are Friday from 4 to 9 p.m., Saturday from 1 to 8 p.m. and Sunday from 1 to 7 p.m.

This family (and dog) friendly beer garden will also feature fun and games, live music and bites from Avvio, all located in your favorite Rhode Island home-away-from-home.

The Beer Garden is open to the public and there is no cover charge. Seating is available on a first come, first served basis and operating hours will be weather permitting. Customers must show a valid ID in order to purchase an alcoholic beverage.

## Rock & Rhodes Music Fest

On Oct. 3, the group Hey 19 from Rhode Island, The Midnight Callers from New York City, and Soul Box and The Deluxtones from Boston will join in for a Rock & Roll Music Fest to benefit children in treatment at the Shriners Hospital for Children in Boston. Tickets cost \$20 per person. The event will be held at Rhodes on the Pawtuxet, located at 60 Rhodes Place in Cranston. For tickets and more information, follow the event's Facebook page or visit [eventbrite.com](http://eventbrite.com).

## NAMI supports back-to-school wellness

As we head into a difficult back-to-school season, the National Alliance on Mental Illness (NAMI) wants to share some new youth content that may be helpful to you, your families and loved ones.

NAMI has completely overhauled the Kids, Teens and Young Adults section on its website, [nami.org/youth](http://nami.org/youth). There are sections written for caregivers of children and others written for teen and young adult audiences. Topics include when/how to ask for help and how to get it, what to do in crisis situations, how to talk about mental health, mental health and school, and so much more.

For more information on local resources, visit the Rhode Island chapter of NAMI online at [namirhodeisland.org](http://namirhodeisland.org), call (401) 331-3060 or email [info@namirhodeisland.org](mailto:info@namirhodeisland.org).

## MS Dream Center's 'An Evening To Remember'

On Saturday, Sept. 25, from 6 to 11 p.m. at the Crowne Plaza in Warwick, the MS Dream Center will hold "An Evening To Remember" to raise much needed funding for the center and its programs and services.

Come and enjoy a multi-course sit-down dinner provided by some of Rhode Island's most well-known restaurants and accompanied with a selection of wines and beers. Entertainment will be provided by Steven Palumbo.

The donation for attendees is \$100 per person and reservations are being taken. For more information or to reserve seats or a table, visit [msdreamcenter.org/an-evening-to-remember-event](http://msdreamcenter.org/an-evening-to-remember-event).

## Bowl for Kids' Sake

Big Brothers Big Sisters of Rhode Island will host its fifth annual Bowl for Kids' Sake (BFKS) event on Saturday, Sept. 25, from 11 a.m. to 2

p.m. at Lang's Bowlarama in Cranston.

Participants can sign up in teams of five to participate in a private bowling party, and raise donations from family, friends and colleagues leading up to the event – with a fundraising goal of \$100 for each participant.

You'll also have the chance to win raffle prizes ... and really great karma for giving back to local kids!

No experience is required – just a desire to have fun and support youth mentoring. All of the proceeds from this event stay in Rhode Island and help Big Brothers Big Sisters fulfill its mission. Donate today or register your team at [secure.qgiv.com/event/bbsri2021](http://secure.qgiv.com/event/bbsri2021).

## Reunion for Mt. Pleasant High School class of 1970

The 50th class reunion for Mt. Pleasant High School will be held on Oct. 29 at the Santa Maria Di-Prata Society, located at 29 Walnut Grove Ave. in Cranston. The evening will begin at 6:30 and run through 11:30 p.m.

Tickets cost \$50 per person. Please contact Vin DeTora at (401) 232-0856 or Joan LaVallee Gelfuso at (401) 578-2220 and RSVP by Oct. 5.

## Community Walk to fight hunger

A walk to call attention to food insecurity and raise funds for local pantries is being planned by a group of area churches, including Woodbury Union, Lakewood Baptist, St. Benedict, St. Kevin, and St. Mark's. The walk will be held on Saturday, Oct. 16. An informational planning meeting will be

held on Saturday, Aug. 28 at 10 a.m. at Woodbury Union Church at 58 Beach Ave. in Warwick. All interested community churches, organizations and individuals are invited to attend. Call (401) 737-8232 or email [woodburychurchri@gmail.com](mailto:woodburychurchri@gmail.com) for more information.

## Friends of the Mohr Public Library

Friends of the Mohr Public Library is a nonprofit corporation dedicated to Mohr Library.

Members of the Friends plan and run book sales and carry out other fundraising activities to allow Mohr Library to increase services and programs.

The Friends welcome new members who are willing to support either through donations, membership dues, or through volunteering their time.

To find out more, contact library director at 231-4980 (press 7).

## Over 65 Golf League

Attention all golfers 65 and older – if you are interested in golfing in a mixed league, the Over 65 Golf League, on Mondays at Harbor Lights, 150 Gray St., Warwick, please contact Carol Desforges at [Desac63@gmail.com](mailto:Desac63@gmail.com). Please indicate your name, phone number and email in your message.

To be a member or a spare (sub) in the league, you pay dues which include season play (May- Sept. 13, 2021), playoffs (Sept. 20- Oct. 4), scramble tournament (Oct. 13) and a banquet with distribution of prizes (Oct. 13). The membership dues are \$55, or \$30 for spares not attending the banquet.

# LEGAL NOTICES

## JOHNSTON ZONING BOARD MEETING AGENDA Thursday, September 30th, 2021 at 6:30 PM Johnston Senior Center 1291 Hartford Avenue

Notice is hereby given that the Zoning Board of Review will hold its monthly meeting on September 30, 2021 at 6:30 pm, at Johnston Senior Center, 1291 Hartford Av-

enue. All persons interested in the following proposals are requested to be present at this time. The assembly facilities are accessible to the handicapped. Persons requiring special accommodations shall call the Zoning Office at least 48 hours in advance of the meeting (401) 231-4000 ext 4117. Persons utilizing TDD equipment may contact the Town through "Relay Rhode Island" at 1-800-745-6675. The agenda for the evening will be as follows, subject to change:

### New Business

**File 2021-35 – Petition of Parkside Holdings, LLC/Lyft, Inc.,** Owner/Applicant for 1530 Hartford Avenue, AP 44 Lot 84, zoned B-2. The petitioner is seeking a Special Use Permit 340-75 for a proposed Vehicle Rental Agency.

**File 2021-36 – Petition of Gary & Laura Young,** Owner/Applicant for 192 Scituate Avenue, AP 28 Lots 211, zoned R-40. The petitioner is seeking a Use Variance 340-24-1 Accessory Dwelling. Proposed In-Law Addition.

**Prior to adjournment the board shall convene as the Board of Appeals and hear the following matter:**

**File 2021-20 Peter Delponte Owner; 115 Winsor Avenue; AP 59 Lot 123; R-40 Zone;** Appellants petition to the Building Officials violation notice.

**NOTE: If a Case has not been called for a hearing by 10:30 p.m., the Board, at its discretion, may continue the Case to a subsequent or a special meeting.** The Agenda and Minutes are available for review at ClerkBase on the Town's web page or Monday through Friday between 8:00 a.m. and 3:00 p.m. at the Building Office, 100 Irons Avenue, Johnston.

Per order of the Zoning Board of Review  
Thomas Lopardo, Chairman

9/10, 9/17, 9/24/21

TOWN OF JOHNSTON  
OFFICE OF THE  
TAX COLLECTOR

**COLLECTOR'S SALE OF REAL ESTATE FOR TAXES DUE AND UNPAID**

Johnston Municipal Court  
1600 Atwood Avenue  
Johnston, RI 02919  
October 7, 2021

The undersigned, Finance Director/Collector of the Town of Johnston, hereby gives notice that he will sell at public auction to the highest bidder at the Johnston Municipal Court, 1600 Atwood Avenue, Johnston,

Rhode Island 02919, on Thursday, October 7, 2021 at 10:00 a.m., the various parcels of real estate or so much thereof as may be necessary to pay the taxes which constitute a lien thereon set forth in the original advertisement of September 10, 2021 in THE SUNRISE of that date to which reference is hereby made

Property upon which taxes have been paid since the advertisement first appeared, will not, of course, be included in the sale.

Pursuant to Rhode Island General Laws Section 44-9-19, if the real estate in which you have a substantial interest is purchased by the Town of Johnston and has not been assigned, you may redeem the real estate by paying or tendering to the Treasurer of the Town of Johnston the sum for which the real estate was purchased, plus a ten percent (10%) penalty of the purchase price if redeemed within six (6) months after the date of the sale. Beginning with the seventh (7th) month forward, an additional one percent (1%) of the purchase price for each succeeding month will be added, together will all charges lawfully added for intervening taxes plus interest thereon at a rate of one percent (1%) per month and expenses assessed after the Collector's Sale.

Pursuant to Rhode Island General Laws Section 44-9-21, if the real estate in which you have a substantial interest is purchased by someone other than the Town of Johnston, you may redeem the real estate by paying or tendering to the purchaser or his or her legal representatives, assigns or to the person or persons to whom assignment of the tax title has been made by the Town of Johnston, or the Treasurer, the original sum and any intervening taxes having been paid to the municipality plus interest thereon at a rate of one percent (1%) per month and costs, plus a penalty as provided in Rhode Island General Laws Section 44-9-19, or in the case of an assignee of a tax title from the Town of Johnston, the amount stated in the instrument of assignment, plus the above-mentioned penalty.

The right of redemption may be exercised only by those entitled to notice of the Sale pursuant to Rhode Island General Laws Section 44-9-10 and Section 44-9-11, and may

be exercised at any time prior to the entry of Final Judgment in an action to foreclose the right of redemption filed pursuant to Rhode Island General Law Section 44-9-25. You are encouraged to review Rhode Island General Laws pertaining to tax sales and/or consult with an attorney concerning your rights.

Joseph Chiodo  
Finance Collector/Director

9/17, 9/24, 10/1/21

## PLANNING BOARD MEETING Tuesday October 5th, 2021; 6:00 P.M.

Johnston Senior Center  
1291 Hartford Ave.  
Johnston, RI 02919

### AGENDA

**I. CALL TO ORDER & ROLL CALL  
II. APPROVAL OF MINUTES  
III. NEW BUSINESS**

**PB 20-44 - Mill Street Apartments - Public Hearing on a proposed conversion of a mill building to a 16-unit residential building. Located at 634 Mill Street AP 4 Lot 311 - Property is zoned - PD. Applicant: Geranskye Real Estate, LLC**

**PB 21-32 - An Advisory Opinion to the Town Council on the request to purchase 24 Hedley Street AP 14 Lot 359. Applicant Marvin Gustavo Portillo.**

**PB 21-04 - Cherry Blossom Estates - Public Meeting on a proposed Master Plan Approval. AP 5 Lot 339 - behind 3 & 5 Granite Street. Zoned R-20.**

**PB 21-33 - Taft Avenue/Theresa Avenue - Public Meeting on a Conceptual/Master Plan of a three-lot Minor Subdivision on a private road. Located behind 110 Grandview Avenue and fronting on the paper Taft and Theresa Avenues. AP 11 Lot 589 and AP 23 Lot 47. Zoned R-15 and R-20. Applicant: The Malvin Company, LLC**

## IV. ADMINISTRATIVE REPORT & SPECIAL ITEMS

**1. Comprehensive Plan Update  
a. Request of information from School Department  
b. Discussion of process with**

### consultant.

### V. ADJOURNMENT

The Planning Board Agenda and Minutes are available for review at ClerkBase on the Town's web page or Monday through Friday between 8:00 a.m. and 3:00 p.m. at the Planning Office, 100 Irons Avenue, Johnston. Items not heard by 9:30 p.m. may be continued to the next Regular Meeting or a special meeting at the discretion of the Board. Facilities are handicap accessible. Interpreter services may be requested from TTD (401) 792-9642 at least 72 hours in advance.

9/24, 10/1/21

**Office of the Town Clerk  
Town of Johnston  
1385 Hartford Avenue  
Johnston, Rhode Island 02919  
(401) 351-6618**

Notice is given pursuant to Rhode Island General Law § 3-5-17 that the Johnston Town Council, sitting as the Liquor Licensing Commission under Title 3 Chapter 5 of the Rhode Island General Laws of 1956, as amended, shall hold a Public Hearing on Tuesday, October 12th, 2021 at 7:00 p.m. at the Johnston Municipal Court Building, 1600 Atwood Avenue, Johnston, RI.

The purpose of the Public Hearing is to consider the following application for a liquor license.

Applicant: Raj Patel  
Business Name: Tri Town Liquors, Inc. d/b/a Tri Town Wine and Spirits  
Transfer From: LA Enterprises, Inc. d/b/a Tri Town Wine and Spirits  
Location: 39 Putnam Avenue Johnston, RI 02919  
License Type: Class A - Liquor License- Transfer of Ownership

Remonstrants are entitled to be heard before the granting of the license.

Per Order: Johnston Town Council Robert V. Russo, Council President

Individuals requesting interpreter service for the hearing impaired must notify the Office of the Town Clerk seventy-two hours in advance of the meeting date.

9/24, 10/1/21



## Request for Bids Town of Johnston

## Outdoor Concrete Stair Construction Rainone Gym

Town of Johnston is requesting bids for Outdoor Concrete Stair Construction - Rainone Gym. Bid specifications are available at the Johnston Town Clerk's Office located at 1385 Hartford Avenue, Johnston, RI 02919 beginning September 24th, 2021 weekdays between the hours of 8:30 am to 4:30 pm. Specs are also available on the Town's website at [www.townofjohnstonri.com](http://www.townofjohnstonri.com). Sealed bids will be accepted until 10:00 am, October 4th, 2021 at the Johnston Town Clerk's Office at the above address and will be opened publicly at that time. The Town of Johnston reserves the right to reject any or all responses or parts thereof, to waive any informality in them, or accept any bid deemed in the best interest of the Town. The Town of Johnston will offer interpreters for the hearing impaired provided the request is at least three (3) days prior to scheduled bid opening by calling (401)553-8830.

Joseph Chiodo, CPA  
Finance Director



# Goodfellas Motorcycle Run raises thousands for Hasbro

By PETE FONTAINE

Michele Brannigan, the Senior Major Gifts Officer/Campaign Manager at Hasbro Children's Hospital, stood alongside Stefanie Harris' Strings Bar and Grill at 183 George Waterman Road in Johnston late Saturday morning, clapping and waving as riders and passengers on 215 bikes roared off at the start the 5th Annual Goodfellas Motorcycle Run.

Soon thereafter, Brannigan — who had tears of joy trickling down her smiling face — said with excitement and enthusiasm ringing in her voice: "Today, we're going to break all records thanks to Bruno and Cal!"

A year ago, the fun-loving Goodfellas Motorcycle Club Run raised \$16,000 to help children who are battling cancer at Hasbro Hospital in Providence.

Saturday morning as he accepted registration and donation after donation, Goodfellas Treasurer Anthony "Cal" Calabro announced: "Today we could take in \$20,000 and that would result in an extraordinary check presentation of \$40,000 to Hasbro Children's Hospital."

Prior to the run, which lasted two hours and extended into Connecticut and back to 1 Victory Mount in Johnston's "Frog City" where the Goodfellas hosted 400 plus people, Calabro heaped words of praise and thanks to Bruno Ramieri, a contributor to Hasbro Children's Hospital who pledge to match every dollar the motorcycle group took in up to \$20,000.

"This is totally amazing," Brannigan added. "We at Hasbro Children's Hospital are truly thrilled and again amazed with the generosity of all the motorcycle riders and their passengers and especially to Bruno as well as each and every Goodfellas Club member for what they are doing here today."

Meanwhile, as Brannigan talked with Calabro's wife Linda, Ramieri sat quietly at the registration table dressed in his red Goodfel-

las T-shirt and hat, smiling and simply watching as biker-upon-biker paid the \$20 rider and passenger fee and even purchased raffle tickets as for what Cal Calabro called "a special show of love to help the children who have been stricken with cancer."

Likewise, Cal Calabro heaped words of praise upon David Levesque, who owns and operates all Brewed Awakenings franchises in Rhode Island "for his special support of our club and always willingness and generosity to help the children at Hasbro Children's Hospital."

To which Brannigan offered in her always-classy way: "David has been a valuable friend to our hospital. We can't thank him enough for what he has done here to support this year's run."

Levesque, who has hosted the Goodfellas annual check presentation and treated officials to coffee, muffins and a continental breakfast in years past, went more than a step above for Saturday's run.

"David gave us 200 \$5 gift cards for today's run," Cal Calabro wanted it known. "We ran out but we will make sure those riders and passengers that didn't get one will receive one soon."

So, the 5th Annual Goodfellas Motorcycle Run is in the books and as Gene Benedetti, the club's president offered: "Everyone is excited about this year's check presentation. We're going to have it at Hasbro Children's Hospital and we'll probably have a large delegation that will definitely include David (Levesque) and other super special supporters."

The headliner, though, will be Bruno Ramieri — a.k.a. "Mr. Goodfella Extraordinaire of 2021" — who Cal Calabro and countless people now know as a "super special friend of each and every child who's being treated at Hasbro Children's Hospital in Providence."



**BROTHER BIKERS:** Members of the East Providence Elks Lodge 2337 — Dan Francis, Emile Fontaine, Jon Rodrigues, Angelo Lombardo, Tony Mota, Tony Santos and Tom Evans — were among the contributors for Saturday's 5th Annual Goodfellas Motorcycle Run. (Sun Rise photos by Pete Fontaine)



**HASBRO HELPERS:** Goodfellas Rick DeLuca and Kevin Heart join Michele Brannigan prior to the start of Saturday's 5th annual motorcycle run that took in an estimated \$20,000, an amount that's expected to reach \$40,000.



**TERRIFIC TRIO:** Bruno Ramieri (right) promised to match up to \$20,000 for each dollar the Goodfellas Motorcycle Run took in, sits alongside Linda and Cal Calabro at the registration table helping out for Saturday's 5th annual run.



**PRESIDENT'S PALS:** Gene Benedetti (center), president of the Goodfellas Motorcycle Club, is joined by his son Dimitri, a former class president at Johnston High School and Al Topp from the VFW Post in Warwick.



# RhodyLife

RHODYBEAT.COM

## Plant City takes root in Warwick



### Former Burger King soon a vegan emporium

By DAWN ANDERSON

“Real food. Plant based. Fast.”

Those five words embody the mission of Plant City X, a fast food-style offshoot of what is described as “the world’s first plant-based vegan food hall and marketplace” in Providence.

And soon, the restaurant will bring its offerings to a new location in Warwick.

Kim Anderson, creator and co-founder of Plant City along with chef Matthew Kenney, says she chose Warwick because “many people asked” for such an establishment in the area.

As Warwick resident Alicia Coppola said: “I’m excited about it coming to Warwick because there are no other plant-based restaurants in the city.”

The new Plant City X will be located at 70 Centerville Road, bringing plant-based delicacies to the community with a menu to please any palate. It will include a drive-thru.

In a May Facebook post announcing the plans for the Warwick location, Anderson wrote that the selection of the site – which once housed a Burger King – was itself a reflection of Plant City X’s approach.

“As with our previous locations, we love to take old abandoned properties and give them a new life. The ultimate re-use, recycle,” she wrote.

The Warwick restaurant, which is set to open later this month, will be the second Plant City X location, the first being in Middletown.

The original Plant City, which includes multiple dine-in and take-out options along with a gourmet grocery store, is located at 334 South Water St. in Providence.

The new Warwick location will include plenty of seats for indoor dining, a large patio with ample seating outside, and the drive-thru for those on the go.







**Buffalo chik'n sandwich with crispy fries or avocado toast both pair well with an iced coffee.** (Photos courtesy of Plant City X)

Prep cooks will prepare most menu items by hand, including sauces, creams and dressings. Breakfast will be served all day and includes offerings such as avocado toast, a breakfast burrito, and an English muffin sandwich made with plant-based JUST Egg, cheddar and tempeh bacon (tempeh being a traditional Indonesian food made from soybeans).

In addition to the selection of smoothies and frozen yogurt parfaits, there will be a wide array of options available for lunch and dinner. From salad bowls and sandwiches, to mac and cheese and more, Plant City X aims to provide flavorful, mouthwatering dishes that please even the fussiest of eaters.

Information provided by Plant City described Kenney as "one of the world's leading chefs at the forefront of plant-based cuisine with 28 restaurants spanning five continents."

"His unique approach," the description continues, "combines impeccably sourced ingredients with innovative tools & techniques to create minimally processed, plant-based cuisine that is both refined and healthful."

Through the years, the demand for plant-based food options has increased significantly, and so have the options made available.

Warwick resident Adam Brice, a graduate of the University of Rhode Island's dietetics and nutrition program, has some ideas why.

"In general, there are three driving factors," he said. "One, just the nutritional content of food and the research we have on it. Two, definitely a push for a more sustainable environment and climate change. And three, it's the research we have about reversing certain diseases like heart disease and diabetes. [There is] so much research out there to suggest that plant foods will improve your overall health."

Plant City X also takes allergens into account, and menu items are identified for soy, nuts and gluten. They source fresh foods and ingredients locally and welcome inquiries if there is a farm or company that would like to partner with them.

The restaurant uses compost-friendly items for all disposables the restaurant provides. Food waste can also be composted, with receptacles provided along with instructions. No plastic disposables are used and an in-house water filtration system is utilized to provide the purest water.

Customers will also be able to order via the restaurant's website and the app for a quick, easy pickup. Delivery will be available within a five-mile radius.

More information and updates on Plant City X can be found on the restaurant's Facebook and Instagram accounts or at [plantcityx.com](http://plantcityx.com). To learn more about Plant City in Providence, visit [plantcitypvd.com](http://plantcitypvd.com).

# ANIMAL TALK

By Karen Kalunian

Local Adoptable Loveable



Photo credit: Laurel Leaf Photo

## Apollo

Let's play fetch! Apollo is ready to play and is hoping that you are looking for a new best friend! This big green-eyed boy is waiting at Hotel for Homeless Humane Society located at 44 Martin Street Cumberland, RI. He is best suited to be your one and only boy but he's got so much love to give, he's all you'll need! They are currently showing dogs by appointment only so please contact them via their website [www.newenglandhumanesociety.com](http://www.newenglandhumanesociety.com) You may also email them for more information at [contact@newenglandhumanesociety.com](mailto:contact@newenglandhumanesociety.com) If you go to meet Apollo be sure to bring a squeaky ball and he'll love you forever!

If you have been looking to adopt or know of an animal in need please contact Karen from Animal Talk directly at [animaltalk1920@gmail.com](mailto:animaltalk1920@gmail.com)



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# COLLECTIBLES



## American MEDALS



American Medals presented during the late 18th and early 19th century are exceedingly rare and there are few examples known from the Revolution period to the War of 1812. About five years ago I had and sold a silver Isaac Hull medal presented by congress to Lieutenant George C. Reed for his part in the capture of the British frigate HMS Guerriere by USS Constitution on August 19, 1812. Very few of these medals in silver were cast and I never thought I would handle another one, but that wasn't the case.

While cleaning out a house there was a box of "stuff" that didn't hold any value. Searching through it a small cardboard box with a silver medal inside was found. A friend who found it sent a text and asked if I knew of any medals with a profile of an officer named Hull. I thought to myself that it couldn't be another one but that I would be by first thing in the morning to take a look. When I got there and opened the small beat-up cardboard box I was stunned. It was another silver Hull medal! An internet search will provide more history of the battle between Constitution and Guerriere, so I will stick to the medal.

The defeat of the British frigate was a major event at the start of the War of 1812. It was a victory that spread through



**By Joel Bohy**  
*Historic Arms & Militaria*  
 Bruneau & Co. Auctioneers  
 Cranston, RI

the country like wildfire and was a propaganda gold mine with parades, celebrations, and newspaper articles. Later that fall a congressional committee voted to provide "for a gold medal with suitable emblems and devices, to be presented to Capt. Hull, Capt. Decatur, and Capt. Jones severally, and also a silver medal with like emblems and



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devices to each of the commissioned officers."

The medal found was one of the silver medals which was presented to Lieutenant Alexander S. Wadsworth. On the obverse of the medal is a profile of Captain Hull in his uniform with the Latin phrase "PERITOS ARTE SUPERAT JUL. MDCCCXII AUG CERTAMINE FORTES" and "ISAACUS HULL." On the reverse is "HORAE MOMENTO VICTORIA" with a depiction of the battle. "PRESENTED TO LIEUT. ALEXR. S. WADSWORTH U.S. NAVY By The CONGRESS OF The UNITED STATES" is engraved around the flat edge.

Alexander Scammel Wadsworth was the son of Revolutionary War General Peleg Wadsworth. Born in 1790 in Portland, Maine, he became a midshipman on April 2, 1804, and a lieutenant on April 21, 1810.

He went on to have a distinguished naval career and died on April 5, 1851. Lieutenant Wadsworth was also the uncle of author Henry Wadsworth Longfellow.

Hull's gold presentation medal is in the collection of the Constitution Museum. Lieutenant Reed's silver medal went to a private collection. After being "lost" since 1851, it will be interesting to see where Lieutenant Wadsworth's silver medal goes in the future.

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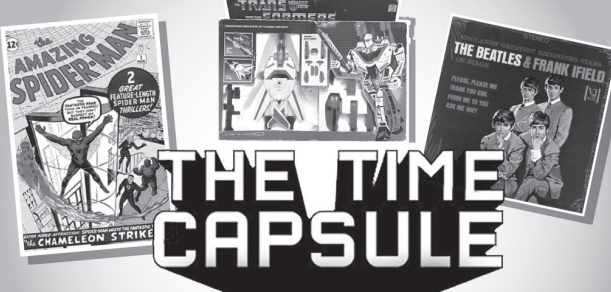
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# OSDRI

(Continued from page 1)

The weekend event took place at OSDRI's Headquarters, the Anthony DeQuattro Veterans Service complex. Attendees parked at the Johnston War Memorial Park, and a shuttle service transported attendees to the event.

Services offered to veterans included housing, employment, basic human needs, legal assistance, welfare and social services, dental services provided by Thundermist Dental, and healthcare services provided by the VA. On-site healthcare services included COVID-19, FLU, Pneumonia, and Hepatitis Vaccines, and VA Healthcare.

The Rhode Island Traffic Tribunal and District Court were also on hand Saturday, Sept. 18, to assist with license reinstatements, traffic violations, misdemeanor criminal matters, expungements, and fees.

A broader array of services will be available this year to appeal to a wider audience of veterans, according to OSDRI. The programs included a job fair, expanded legal clinic, and morale, welfare and recreation activities.

"We have put a specific emphasis on providing additional resources to appeal to our younger veterans who have different set of needs than our older veterans," said Wallin, a former U.S. Air Force captain.

Public officials joined OSDRI over the course of the weekend to serve meals to the veterans.

Johnston Mayor Joseph M. Polisea, Rhode Island General Treasurer Seth Magaziner, former Cranston Mayor Alan Fung, and Sen. Sheldon Whitehouse (D-RI) served lunch on Friday. Lt. Gov. Sabina Matos served dinner on Saturday.

Polisea and Johnston Town Council members Lauren Garzone, Vice-president Joseph Polisea Jr. and Linda Folcarelli assisted with serving lunch to the veterans in attendance last Friday.

Rhode Island Gov. Dan McKee stopped by and checked in with Thundermist Dental staff.

OSDRI gave Mayor Polisea a special award recognizing his support of OSDRI and veterans in general, during a short presentation and acknowledgement.

"OSDRI is extremely appreciative of the support we received from Mayor Polisea, the Police and Fire Chiefs, Johnston DPW and Johnston Parks & Recreation," Wallin said. "Their support for veterans is remarkable and makes OSDRI proud to call Johnston home."

Meals were provided by veteran-owned Smoke and Squeal BBQ Food Truck.

Over the past 29 years, the annual outreach weekend event has assisted thousands of veterans by providing them access to life essential services including healthcare, dental care, employment services, legal services, social welfare benefits, housing assistance, and clothing, according to OSDRI.

The organization was founded 29 years ago by three Vietnam era veterans in an effort to end homelessness in the veteran community. The first Stand Down weekend was held in 1992, in Exeter at the old Ladd School Property. The weekend has consistently been a staple in the veteran community and has assisted thousands of veterans over the past 29 years.

Operation Stand Down Rhode Island (OSDRI) is an independent 501(c)(3) non-profit organization and Rhode Island's primary non-profit resource for homeless and at-risk veterans. Found-



**SPECIAL AWARD:** Erik Wallin and Tony DeQuattro, Chairman and Founder of OSDRI, presented Mayor Joseph M. Polisea with a special award recognizing his "unwavering commitment to serving the veteran community and supporting OSDRI." Also in the photo, Town Council member Linda Folcarelli (District 1), Deputy Chief Mark Vieira, Town Council member Lauren Garzone (District 2), and Johnston Police Chief Joseph P. Razza. (Submitted photos)

ed in 1993 and headquartered in Johnston, OSDRI's mission is to help veterans secure stable housing, employment, and basic human needs.

OSDRI offers an array of services for veterans including a food pantry program, pro bono legal services, rental assistance, and a robust employment program. In addition, OSDRI has 88 units of housing for veterans spanning across the state from Woonsocket to Westerly. On average 2,000 veterans a year benefit from OSDRI's services, according to the organization.



**MOLAR CHECK:** Governor Dan McKee visits Thundermist Dental Staff at OSDRI's Veteran Assistance Weekend.

# COVID

(Continued from page 1)

The new position will be a distance learning teacher in charge of Virtual Instruction, and will be there for elementary

students of all ages who may be stuck at home, awaiting the end of quarantine and a negative COVID test.

"We've reached out to a number of our applicants for elementary positions," DiLullo explained.

"(The Virtual Instruction teacher) would gather lessons for the students who are out and interact with those students through Google meets. It's much more important to have a teacher teaching them, than just receiving

a packet." For now, a substitute is filling the role. The temporary Virtual Instruction teacher spent the day Monday getting up to speed.

The school district is "in the process of hiring

a permanent" teacher for that role, DiLullo said.

Once DiLullo finds a "successful candidate," the hiring will likely be approved at the Oct. 12 School Committee meeting.

So far, no major out-

breaks have been reported in the district's other schools.

"It's interesting," DiLullo said. "The numbers at the other schools are still pretty low. We're not seeing a major swell like we saw at Winsor Hill."

Charlie Hall Doreen Collins

## AGING DISGRACEFULLY

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Sun. Sept. 19- GEORGE'S of Galilee  
Sun. Oct. 17- DAVENPORT'S, East Prov  
Wed. Nov. 3- CHELO'S, Post Rd. Wrrwk.  
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## Johnston Stage II - Project Budget:

### Johnston Early Childhood Center (ECC) – New Building

Located at Sarah E. Barnes Elementary School site, 359 students: Grades PreK – K  
58,000 gsf

Construction costs:	\$25,100,000
Soft Costs:	\$ 3,500,000
<b>Total Project costs:</b>	<b>\$28,600,000</b>

### Johnston Elementary School – New Building

On town property just north of the High School, 1,100 students: Grades 1 - 4  
159,500 gsf

Construction costs:	\$74,000,000 * includes \$5M site premium
Soft Costs:	\$10,350,000
<b>Total Project costs:</b>	<b>\$84,350,000</b>

### Nicholas A. Ferri Middle School – Renovation

10 Memorial Avenue, 1,066 students: Grades 5 - 8  
132,021 gsf

Construction costs:	\$34,600,000
Soft Cost:	\$ 4,800,000
<b>Total Project costs:</b>	<b>\$39,400,000</b>

### Johnston High School – Renovation

Cherry Hill Road, 799 students: Grades 9 - 12  
162,439

Construction costs:	\$49,900,000
Soft Costs:	\$ 7,000,000
<b>Total Project costs:</b>	<b>\$56,900,000</b>

**Temporary Classrooms rental:** \$750,000

**Total Project costs:** **\$210,000,000**

### Capital Projects – Ferri Middle and Johnston High Schools

Construction costs:	\$4,400,000
Soft Costs:	\$ 600,000
<b>Total Project costs:</b>	<b>\$5,000,000</b>



**THE PRICE TAG:** So far, the price estimate for the construction of two new schools, and renovations of the middle and high school, totals around \$215 million. The next step is for the town's voters to decide whether to fund it. (Images courtesy SLAM)

## Schools

(Continued from page 1)

"The state will give us feedback," DiLullo said. "The next step, once we get approval on Stage 2, we hire an architect."

The SLAM Collaborative has handled preliminary plans for the ambitious set of school plans. However, it's possible the district will hire another firm to finalize architectural plans.

"It may be SLAM; it may be someone else," DiLullo said. "On Wednesday, we saw preliminary drawings and ideas. We will drill down on specific designs of the buildings."

The next public update on the projects may come during next month's Town Council meeting.

"Probably, at the next Town Council meeting, there will be a proposal or an agenda item

to go out to bond to fund the project," DiLullo said. "Then that gets approval from state legislature."

A town wide vote would likely follow.

"Then it goes out to the voters of Johnston in a referendum," DiLullo said.

Town and school officials will have to decide whether to hold a single all-encompassing bond issue referendum, or several separate votes on multiple bond issues.

"We're undecided," DiLullo said. "It could be a couple of them. It could be multiple bond issues, or could be one major one."

With a Tax Stabilization Agreement now in place with Amazon, the town is expecting millions more in annual tax revenue over the next 20 years. School officials feel the time is right for a series of new school building projects. High state re-

imbursements for school building projects are also serving as a key motivator to strike while the iron's hot. School officials hope the state may cover close to half of the anticipated \$215 million price tag.

The district hopes to build a new Early Childhood Center, a new Elementary School for all students in grades 1-4, and make major renovations at the Nicholas A. Ferri Middle School and Johnston High School.

The new Johnston Early Childhood Center (ECC) may be built on the current site of the Sarah E. Barnes Elementary School, and will have room for approximately 359 pre-K through Kindergarten students.

The new ECC will cost an estimated \$28,600,000, and is tentatively slated to open in the summer of 2024.

The school building proposal calls for closing, and then de-

molishing or selling the town's current elementary schools.

If approved, the Barnes Elementary School will be demolished to build the new Early Childhood Center.

The Graniteville ECC Annex, Brown Avenue, Thornton and Winsor Hill elementary schools will all be vacated, and could eventually be sold by the town, or torn down.

The large consolidated, new elementary school will be built to educate 1,100 students in grades 1-4. The proposal calls for building the new Johnston Elementary School on town property just north of the Johnston High School.

The elementary school will cost an estimated \$84,350,000, and is tentatively scheduled to open in late summer 2024.

The district will likely tackle the new ECC and elementary school first, and then move on to the high school renovation,

and lastly, the middle school project, according to DiLullo.

SLAM has proposed more than \$39 million in renovations to the Ferri Middle School and a \$57 million facelift at the high school.

Planners hope to unveil the new middle school in late summer of 2025, and the modernized high school in late summer of 2024.

The middle school will be built to accommodate 1,066 students in grades 5-8. The high school will cover approximately 799 students in grades 9-12.

The plans call for new heating, air conditioning, ventilation, science labs and more at both schools.

DiLullo said the current early childhood center, attached to the middle school, will eventually become a fifth grade academy, for the district's transitional-age students.

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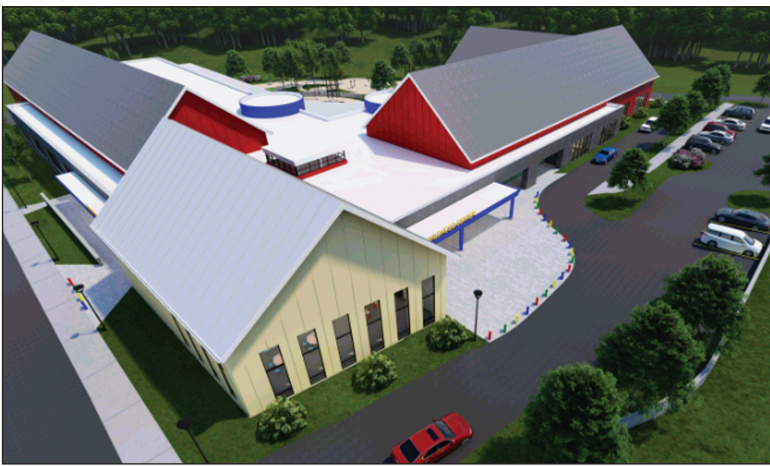
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**MIDDLE SCHOOL:** School officials hope to renovate the Ferri Middle School. This rendering shows what it may look like after, inside (top) and out (bottom). (Images courtesy SLAM)



**LEARNING BARNs:** This architectural rendering shows what Johnston's new Early Childhood Center may look like once it's built.



**VARSITY BLUE:** The Johnston High School will be "like new" once an inside and out renovation wraps up in a few years. These renderings offer a glimpse of what may be in store for the town's future high schoolers. The facade (top) will incorporate school colors, and the cafeteria (left) may look something like this.

CROSSWORD PUZZLE CORNER

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56					57			58					
59					60					61			
62					63								
										64			

**CLUES ACROSS**

1. One of the four Vedas
5. Part of (abbr.)
8. At the peak
12. African antelope
14. Expression of satisfaction
15. Yankees' ace
16. Belittled
18. A baglike structure
19. Utah Jazz coach Snyder
20. Actress Tomei
21. Explosive
22. Formal for "on"
23. Cruelties
26. Country singer Brad
30. Make very happy
31. Binary compound of hydrogen with a metal
32. Albanian currency
33. Subatomic particle
34. Type of salt
39. 007's creator
42. Emerging
44. Railroad flare
46. Observed
47. Capable of reproduction

**CLUES DOWN**

1. Crease
2. "Honey" actress Jessica
3. Broad volcanic crater
4. Product safety watchdog
5. Southern Colombian city
6. Part of a church
7. Perceptible by touch
8. Pronounce not guilty of criminal charges
9. Hairpiece
10. Variety acts
11. "Mystic River" actor Sean
13. Remove salt
17. Went out with
24. Type of bread
25. Popular Eagles song
26. Philosophy degree
27. Yes vote
28. Passports and licenses are two
29. No seats available
35. Pounds per square inch
36. A way to launch an attack on
37. The lowest cardinal number
38. Popular Miller beer
40. Pokes holes in
41. Closest to
42. Folk singer DiFranco
43. Rivne's former name
44. Flat ruler
45. Lacking the means to do something
47. Cockatoo
48. Dred Scott decision deliverer
49. Explosion exclamation
52. Canadian flyers
53. Houston university
54. At some prior time
55. Red, swollen mark

## McKee signs legislation requiring Civics Education in schools

By RORY SCHULER

Do Rhode Island students know enough about the American government and how it works on the local, state and federal level?

Probably not. However, a newly signed piece of legislation aims to change that, and Johnston schools are already on their way to providing civics education that will soon be required in the Ocean State.

"Civics education is critical in our schools," said Johnston Schools Superintendent Dr. Bernard DiLullo Jr. "Students need to know about our government. They need to know how laws form, voting rights, and how people gain access to the decision makers."

Currently, Johnston schools offer a civics course in eighth grade at the middle school level, and also a course at the high school.

"I think the district is well positioned to meet the goal," DiLullo said.

Rhode Island Gov. Dan McKee was joined by state Sen. Hanna Gallo (D-Dist. 27, Cranston, West Warwick) and state Rep. Brian

Newberry (R-Dist. 48, North Smithfield, Burrillville) to ceremonially sign the bill into law earlier this week at Daniel D. Waterman Elementary School in Cranston.

The legislation "makes civics education proficiency a requirement for all public high school graduates," according to a press release from the governor's office.

"Strengthening civics education in our schools is crucial to creating a more engaged and informed citizenship and developing a strong generation of future leaders," McKee said. "This legislation will help ensure that our graduates have the knowledge they need to both understand and participate in all levels of government."

The legislation will take effect beginning with the class of 2023, this year's junior class.

"Solid civics education in public schools is absolutely critical to having an informed public," said Gallo, who serves as vice-chairwoman of the Senate Education Committee, serves on the Joint Commission on Civics Education, and was the sponsor of the 2005 law that led to

the development of a state-wide civics curriculum and standards for grades K through 12, according to the governor's office.

"Students are the next generation of voters," Gallo said. "They need and deserve to graduate with a healthy knowledge of how they can create the changes they want to see in their community, their state and their country."

The bill received bipartisan support from Rhode Island state legislators.

"A thorough grounding in civics should be a cornerstone of every education consisting of two parts," Newberry said. "First it should contain a deep understanding of the foundation of our nation's government systems and structures, with neither their imperfections white-washed nor their subtlety, genius and keen reflections of the limitations and foibles of human nature downplayed or diminished. Second, it should contain practical instruction in how government at all levels works, the interplay between those levels, the limitations on power and constructive ways in which to effect change in public policy."

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# Sports



STIFF ARM: Johnston's Dylan Martins makes a play. (Photos by Leo van Dijk/rhodyphoto.zenfolio.com)

## Panthers cruise past Titans

By ALEX SPONSELLER

The Johnston football team cruised past visiting Toll Gate 32-8 last week to win its second game in a row after coming back to beat Lincoln the previous contest.

The Johnston offense rolled in the win, scoring five touchdowns from five different players. Quarterback Hunter Remington went 15-for-21 and threw touchdowns to Dylan Martins, Joey Acciardo, Joe Forte and Aiden Lariviere. Remington also rushed for a score in the win and finished with 312 yards in the air. Acciardo finished with 199 yards receiving.

Ryan Schino led the way defensively for Johnston, racking up 12 tackles.

Toll Gate's lone score came from DJ Meade on



PANTHERS- PAGE 20 MOVING ALONG: Johnston's Joey Acciardo.

## Youth leagues back in action

The last couple of weeks I have been deep into our high school sports coverage. I love this time of year, especially the football season. However, there are times when you need a break in the schedule and routine to shake things up. Between my high school coverage, I have also been making pit stops at some of our local youth sports leagues whether it be soccer or football.

I do not have children of my own so I can't offer much advice from experience, but I do feel that enrolling children into sports programs at a young age is so beneficial.

From the experience that I do have, some of my earliest memories of making friends and becoming part of my community were through athletics. Little League, Pop Warner football, all of that. I was one of those kids that was born with a ball in hand.

### My pitch



by ALEX SPONSELLER  
SPORTS EDITOR  
ALEXS@RHODYBEAT.COM

When swinging by these various leagues, it is always such a joy to watch. Between kids learning the sports, playing together, parents gathering to cheer them on. It is always such a pleasant environment and one that everyone can enjoy. These leagues are just so important for children in general, but also for their communities and beyond.

■ PITCH- PAGE 21



AWARD WINNER: RIC's Jenna Lisi. (Photo courtesy of Rhode Island College)

## Lisi, Bourque earn USTA awards

FROM STAFF REPORTS

Rhode Island College senior Alex Bourque (North Smithfield) and junior Jenna Lisi (Cranston) were recognized as the top male and female collegiate tennis players who hail from Rhode Island during the 2020-21 season by the United States Tennis Association at a special ceremony held in the Governor's Lounge in the

Rhode Island State House on Wednesday afternoon. Lisi received the Jill Craybas Award for the second consecutive season, while Bourque took home the Andy Chase Award. Rhode Island Governor Daniel McKee, Rhode Island College President Frank Sanchez and USTA Rhode Island

■ LISI- PAGE 21



# Saltwater Anglers founder passes

By CAPT. DAVE MONTI

Stephen J. Medeiros of West Warwick, founder, president and executive director of the Rhode Island Saltwater Anglers Association (RISAA), passed away suddenly on Monday, Sept. 13, 2021.

In an announcement about his passing RISAA said, "It is with heavy heart that the Rhode Island Saltwater Anglers Association announces to you the passing of our founder, leader and friend, Stephen J. Medeiros. Steve was a tireless advocate for recreational fishermen and women in RI and all of southern New England. He founded RISAA in January 1998 and was a steady hand at the helm for over 23 years. Steve built a strong organization that will continue his great work long into the future."

I fished Sunday, with Debra Barry and her family on my charter boat. Her son had attended the Rhode Island Saltwater Anglers Association's youth fishing camp at Rocky Point State Park (produced with partner RI Department of Environmental Management). "My son loved RISAA's camp. He got in the second year it was held and it really peaked his interest in saltwater fishing. In fact, he offered to volunteer at the camp the following year," said Debra Barry.

I had to smile. Steve Medeiros started that camp, just as he started Take-a-Kid fishing that takes up to 250 children fishing each year (some have never even seen the saltwater, never mind ride on a boat and fish it), as well as RISAA's youth scholarship program. I reflected that even though it was just one day after Steve's funeral services, there was no rest for him. His efforts for youth and adults teaching how to be good stewards of the environment, fostering conservation, and advocating for habitat, access to the shore, fish and fishers could be felt the very next day.

## Fly fishing instructors for workshop

Fly fishing guide and fly tie expert Ed Lombardo put out a call for fly fishing instructor volunteers to help with DEM's 'Introduction to Saltwater Fly Fishing Workshop' on Saturday, Sept. 25, 9 a.m. to 3 p.m. Volunteers are to meet at the Sprague Bridge, Narragansett at 8:15 a.m. If interested in volunteering contact Kimberly Sullivan, DEM principle biologist and Aquatic Resource Education Coordinator at 401.539.0037 or kimberly.sullivan@dem.ri.gov.

## Join United Fly Tyers of Rhode Island

Jeff Perry of the United Fly Tyers of Rhode Island, said, "If you are interested in fly tying, United Fly Tyers of Rhode Island (www.uftri.org) meets the first Wednesday of the month, September through May, 6:30 p.m., at the Knights of Columbus, 475 Sandy Lane, Warwick, RI." All equipment and supplies are provided. Dues are \$30.00 per season, and you are able to attend one meeting at no charge. For further information call Jeff Perry at 401-741-0598.

## Still time to enter the Albie Shootout, ends October 2

It's hardtail season again and the only way to make this momentous time of year more exciting is to spice it up with some competition. Peter Jenkins, owner of the Saltwater Edge, Middletown, said, "The Albie Shootout is running until October 2 with competition in divisions for shore, kayak, fly, and boat—with awesome prizes for each winner."

The event is running in a catch-photo-release format and anglers compete to tally the lengths of three albies. There will be awards for the largest albie, the largest bonito and the largest Spanish mackerel — with opportunities to win other prizes as well. The entry fee is \$25 per angler, available for purchase in-store or on saltwater-edge.com, 100% of the proceeds will be donated to the American Saltwater Guides Association.

## Where's the bite?

**Tautog.** Neil Hayes of Quaker Lane Bait



**TAUTOG BITE IMPROVING:** Paul Phillips of North Kingstown with tautog he caught earlier this year. He fished Monday off Newport and caught 42 tautog several were keepers 16-20 inches. (Submitted photos)

& Tackle, North Kingstown, said, "Tautog fishing is improving every day. Anglers are catching keepers in 30-40 feet of water. The water is cooling a bit and it is improving the tautog fishing." "The tautog bite is slow. Customers are having to put their time in and work for them. Keeper fish are being caught at Codington Cover jetty in Middletown, at the Plum Beach Light-house and out in front of Newport but as I say anglers are putting their time in to catch them." Paul Phillips of North Kingstown, said, "Fished for tog off Newport Monday from about 1:30 to 4:30 p.m. Took about 15 minutes for the first bite then action was nonstop. Kept my three fish limit. Threw many 16 to 20-inch fish back, lots of shorts between 14 inches to just short of 16 inches were released as well. Caught 42 tog in all."

**Striped bass, blue fish and false albacore.** Neil Hayes of Quaker Lane, said, "The false albacore bite has come back a little after last week's storms. And, the striped bass bite is pretty good along the southern coastal shore." Ed Lombardo expert saltwater fly guide said, "I got a beautiful stripper this past Thursday afternoon on Narrow River (Narragansett). The shad have been prolific now for the past three weeks or so, which in most cases bring in larger strippers. The bait, juvenile bunker have been very copious for the same time. As you know so much fun catching strippers on the fly rod." East End Eddie Doherty said, "The Canal's east tide carried a medium size school of breaking striped bass on Monday at first light while feasting on peanut bunker & silversides. Fish up to 42 inches were caught on pencils, swimmers & soft plastic jigs under the full Harvest Moon." Elisa Cahill of Snug Harbor Marina, South Kingstown said, "The striped bass bite is sluggish from the beaches but there is tons of bait around. Customers were jigging for squid in the middle of the day. And, the false albacore bite did come back after the storm, however, they have been up and down."

**Black sea bass, scup and summer flounder.** Ken Ferrara of Ray's Bait said, "Anglers are catching black sea bass, scup and summer flounder off Newport on the humps and bumps near Brenton Reef and Seal Ledge, Newport. We fished a ledge southeast of Beavertail this week with good results. Plenty of action with short

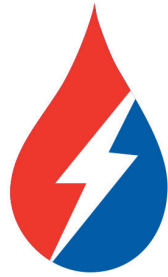
and keeper black seabass and keeper size fish (minimum size is 15 inches) in a four to one ratio. The scup bite there was good too.

**Bluefin tuna.** Giant blue fin tuna continue to be caught off Narragansett. Ken Ferrara of Ray's Bait & Tackle said, "My son Kenny (Landry) has caught three giants right off Scarborough, just a mile or two off show. His last fish last week was over 700 pounds. There is a fleet of boats fishing there, that's what many of my customers are fishing for."

Dave Monti holds a captain's master license and charter fishing license. He serves on a variety of boards and commissions and has a consulting business focusing on clean oceans, habitat preservation, conservation, renewable energy, and fisheries related issues and clients. Forward fishing news and photos to dmontifish@verizon.net or visit www.noflukesfishing.com.



**LEAVING A LEGACY:** Stephen J. Medeiros, founder, president and executive direction of the RI Saltwater Anglers Association, passed away Monday Sept. 13.



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# ■ Panthers

(Continued from page 18)

an eight-yard rush.

After dropping the Injury Fund exhibition to Burrillville, the Panthers have cruised to two straight victories. Head coach Joe Acciaro was pleased with the team's resilience and felt that the early loss paid dividends to this point.

"Any time that you can recover and get a win after a loss, you're headed in the right direction. That's big. The first game against Burrillville, there was a lot of discovery, seeing what we could and couldn't do. We learned a lot from it," said Coach Acciaro.

Heading into the season, the Panther offense was looking to replace the production lost in the graduation of All-State receiver Thomas Zednik, who is now playing for UMass Dartmouth.

The Panthers have put up 54 points in the past two games and look poised to continue trending upward with the new playmakers.

"It happens to everybody every year. You graduate guys and other guys need to step up. We have guys that can step in. Obviously you can't fill the shoes of a 6-foot-4 receiver, so you have to do other things. Guys like Steve Finegan have been stepping up well, we're still throwing the ball to guys like Joey. Every year, a team has a new makeup and needs to gel. These guys are playing like a team, five different guys scored which was huge, that's a rarity. When you have games like that, you can't ask for much more," said Coach Acciaro.

The Panthers will next host North Smithfield/Mount St. Charles this week and Coach Acciaro expects a tough battle.

"(North Smithfield/MSC) do things well. They throw the ball well and they don't make many mistakes. They're efficient, and if you make mistakes then they'll make you pay," Coach Acciaro said. "They execute real well and know what they want to do. We're going to have to bring our A-game and pay attention to our game plan."

Toll Gate dropped to 0-1 in the loss and will take on crosstown rival Pilgrim this Friday at Vets.



**DUAL THREAT:** Johnston quarterback Hunter Remington rushes for some yards against Toll Gate last week.

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**Lisi**

(Continued from page 18)

President and CEO **Doug Chapman** were on hand to present the awards. Lisi was named the Little East Player of the Year, as well as garnering First Team All-LEC honors at both No. 1 singles and doubles. She was 8-0 (1.000) at No. 1 singles and 9-1 (.900) at No. 1 doubles on the season. Head Coach Adam Spring guided the Anchorwomen to a 10-1 overall record and an 8-0 mark (first place) in the Little East. Spring led RIC to its sixth straight and 12th overall Little East Regular Season Championship. The Anchorwomen claimed their fourth consecutive and 10th overall LEC Tournament Championship with a 5-0 victory over Plymouth State on May 9. RIC defeated Farmingdale State, 5-0, in first round action of the 2021 NCAA Div. III Women's Tennis Championship at Emory on May 14. The Anchorwomen saw their run in the NCAAs come to an end with a 5-0 setback vs. Emory on May 15. The award goes annually to the top fe-

male college player from Rhode Island, who does not necessarily play for an in-state school.

**ABOUT THE JILL CRAYBAS AWARD**

A native of East Greenwich, Craybas is the most successful tennis player in Rhode Island history. She was a RIIL high school state singles champion for the Lincoln School and captured the 1996 NCAA singles championship for the University of Florida, when she was the National College Player of the Year. She is the only player in NCAA history to be a member of Div. I championship teams at two different schools (Texas and Florida). A two-time SEC Player of the Year, she finished her college career with a 124-18 record. A Florida Hall of Famer, she played nearly 20 years on the WTA Tour. She won the 2002 Japan Open and five doubles titles on the main tour. She was ranked as high as No. 3 in the U.S. and No. 41 in the world. A regular for the U.S. Fed Cup team, her most notable result came at Wimbledon in 2005, where she defeated **Serena Williams** and **Marion Bartoli**.

**PAST AWARD RECIPIENTS**

- 2021: Jenna Lisi (Cranston), Rhode Island College
- 2020: Jenna Lisi (Cranston), Rhode Island College
- 2019: Julia Pezzuco (Johnston), Western Carolina University
- 2018: Natalia Pezzuco (Johnston), Union College
- 2017: Evelyn Miller (Smithfield), Colby-Sawyer
- 2016: Sadie Campanella (Chepachet), Rhode Island College
- 2015: Rebecca Curran (Rumford), Williams College

Bourque went 5-2 (.714) at both at No. 1 singles and doubles on the season as the Anchormen ended up one win shy of the 2021 NCAA Div. III Men's Tennis Championship. Top-seeded RIC lost, 5-4, to No. 2-seeded Western Connecticut in the finals of the Little East Tournament on May 8. Head Coach Adam Spring's team finished the season with a 6-1 overall record and a 6-0 (first place) mark in the Little East. The award goes annually to the top male college player from Rhode Island, who does not necessarily play for an in-state school.

**ABOUT THE ANDY CHASE AWARD**

A native of Cumberland, Chase was the US National 16 & Under Hardcourt Singles Champion and a two-time national junior doubles champion. He won two RIIL state singles championships and a team championship for Cumberland. He went on to play at Stanford University, where he was a teammate of **John McEnroe**. The Cardinal won three NCAA Div. I team championships during his four years in Palo Alto, Calif.

**PAST AWARD RECIPIENTS**

- 2021: Alex Bourque (North Smithfield), Rhode Island College
- 2020: No award (COVID-19 cancels season)
- 2019: Matt Kuhar (Smithfield), Bryant University
- 2018: Matt Kuhar (Smithfield), Bryant University
- 2017: Matt Kuhar (Smithfield), Bryant University
- 2016: Eric Laboissonniere (Cumberland), Roger Williams University
- 2015: Matt Kuhar (Smithfield), Bryant University

**Pitch**

(Cont. from page 18)

Point being to all of this - sign your kids up for a sport assuming they do not already have developed interests elsewhere. They will have fun, make friends, learn how to socialize and work as a team player, and will have memories to carry on with them through life.

Even if you do not have children, I would encourage anyone that enjoys sports to get involved in youth athletics. Whether it be coaching, sponsoring a team through your business, or simply just heading down to the field to check it out. It is always worthwhile. I always have fun hanging out and covering the action and it is always great to see enthusiastic parents rush to the newsstand to find the pictures and whatnot.

So, as another friendly reminder, support your local youth leagues.

Moving on to another reminder ... which you probably saw from a mile away.

We are less than a month into the fall sports season and we have already seen many teams impacted by COVID in some way.

The most recent example in our coverage area was the Cranston West football team. Unfortunately, there was a COVID-related issue and its game against Shea was canceled early last week.

That cancellation along with a handful of others is a sobering reminder that the pandemic is still lingering and that we have to be prepared for anything.

I will say, on a note of optimism, it is good that we are now well-equipped to handle these situations and that we have enough control and protocols in place to prevent large spreads. Look at the Red Sox, for example, who are still in the middle of a big teamwide breakout. These issues still do exist and unfortunately happen, but they are becoming fewer and fewer which is a reason to have some relief, even if it is just a little bit so.

It appears that COVID is here to stay. I hate to say it, especially when a few short

weeks ago I was saying that I felt like we were at the tail end of it. But when looking at the variants, the rising numbers, hearing about the possible need for greater protection beyond just these initial vaccines, it just seems like the battle is going to wage on for the long haul to some degree.

Again though, I do think that we have made progress in controlling the virus and have discovered precautions to avoid disaster. Think back to a year, year and a half ago when this was all still relatively new. If we had one person test positive, it usually became a scramble for others to get answers and to put systems in place to deal with it.

Let me make myself very clear, this is not me trying to downplay the severity, either. People are still getting sick, dying, it is still every bit as scary as it was at the beginning.

The difference, especially in the sports world, is that we have at least discovered some answers and have established some consistency in handling these outbreaks.

Moving forward, let's continue to be safe, consistent and hygienic. We have made some great progress and each day we are learning more and more. With the winter coming soon, it is important that we don't let our guard down and continue to fight. Let this also remind us to appreciate every sporting event that we can safely play and to enjoy every second that we are out there. Things can change fast.

I will finish this column with just a few quick-hit items from the last week:

First, Pilgrim football is back.

The Pats are now 2-0 in the regular season and 3-0 overall. They beat East Greenwich in the Injury Fund game, edged a tough Tolman team in the first week then put up 40 points to beat another formidable team in Middletown this past week.

Last spring appears to be an aberration ... this team is right back to being one of the toughest squads in its division.

Johnston football is also off to a strong start. Prior to

the season, when speaking with captains of the team, they were all adamant that they were legitimate last year when they reached the Super Bowl and wanted to prove that it was not a fluke. Sure, three games is a small sample size and they took a loss, but the Panthers just rolled to another win over Toll Gate and appear to be ready to make a play-off run here.

The Cranston East soccer team was 5-0 and surging when it was upset by West Warwick last week on the road. I hate to sound subjective here, but it was surprising when watching East. The Bolts were clearly more talented, clearly more explosive, and looked every bit of the 5-0 team that they were. It was just one of those games where it seemed that they let their guard down, West Warwick realized it, then pounced in the second half and took the game before East realized what had happened.

Ready for a corny take? I believe that the loss will only make East better moving forward. I can't imagine they will forget the loss, especially when they held two different leads in the match. West Warwick won the game fair and square, it was not supernatural, they just outworked the Bolts in the second half. However, I still believe East is the cream of the crop.

# Business Card DIRECTORY

## This Week's Featured Business...

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# Sun Rise 732-3100

## CLASSIFIEDS

**NOTICES**  
**005** Announcements  
**010** Notices  
**015** Devotions  
**030** Child Care Offered  
**040** Child Care Wanted  
**050** Business Services  
**060** Lost & Found  
**070** Misc. Wanted  
**075** Entertainment  
**080** Personal Services  
**085** Counseling  
**090** Classes/Instructions  
**095** Tutoring

**AUTOMOTIVE**  
**100** Autos Wanted  
**110** Auto Repair  
**120** Auto Parts  
**130** Autos For Sale  
**135** Mini Vans For Sale  
**140** Trucks/Vans For Sale  
**150** Motorcycles For Sale  
**160** RV's/Campers For Sale  
**170** Auto Rent/Lease  
**180** Auto Insurance

**MERCHANDISE FOR SALE**  
**200** Bazaars/Flea Markets  
**202** Craft Items/Sales  
**205** Yard Sales  
**210** Free Merchandise  
**215** Misc. For Sale  
**220** Antiques/Collectibles  
**225** Boats & Motors  
**230** Building Materials  
**235** Coins/Jewelry  
**240** Cameras  
**243** Business/Office Equipment  
**245** Computers  
**250** Firewood/Fuel/Stoves  
**255** TV/Entertainment  
**260** Musical Instruments  
**265** Furniture  
**270** Appliances  
**275** Clothing  
**280** Bicycles  
**285** Sports/Exercise Equipment  
**290** Machinery/Tools

**PETS/ANIMALS**  
**300** Dogs For Sale  
**310** Cats For Sale

**Pets/Animals**  
**320** Pets/Animals  
**330** Pets Needing Homes  
**340** Animal Care  
**350** Pet Services  
**370** Free To Good Home

**BUSINESS OPPORTUNITIES**  
**400** Businesses For Sale  
**405** Business Opportunities  
**410** Business Opportunities Wanted  
**420** Money To Lend  
**490** Employment Service

**EMPLOYMENT**  
**500** Help Wanted  
**510** General Office  
**520** Medical Help Wanted  
**530** Sales Help Wanted  
**540** Jobs/Situations Wanted

**RENTALS**  
**600** Apartments For Rent  
**605** Rentals  
**610** Condos For Rent  
**620** Garage For Rent

**Rooms For Rent**  
**630** Duplex For Rent  
**640** House For Rent  
**645** Commercial Rentals  
**650** Store/Office For Rent  
**655** Storage Space  
**660** Vacation Rentals  
**665** Marinas  
**670** Wanted To Rent  
**680** Roommate Wanted  
**690** House To Share

**REAL ESTATE**  
**700** Commercial For Sale

**Investment Property**  
**705** Mobile Homes For Sale  
**710** Land For Sale  
**720** Vacation Property  
**730** Florida Property  
**740** Real Estate Wanted  
**750** Real Estate Financing/Services  
**760** Condominiums For Sale  
**770** House For Sale  
**780** Auctions  
**790**

**900 BUSINESS SERVICES**

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 We make every effort to carefully proofread all advertisements, however, we ask you to check your ad the first time it appears. If you find an error, call 732-3100 so that we may correct it in the next publication. Sun Rise shall not be liable for errors or omissions in, or failure to insert, any advertisement for which it may be responsible beyond the cost of the actual space occupied by the item in which error or omission or failure too insert occurred. Advertiser will be entitled to refund of advertisement price or insertion in next issue at advertisers's option.

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**500 Help Wanted**

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**500 Help Wanted**

**500 Help Wanted**

**600 Apartments For Rent**

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USE 1 BLOCK FOR EACH LETTER, NUMBER OR PUNCTUATION MARK. LEAVE ONE BLANK BLOCK BETWEEN EACH WORD OR AFTER EACH PUNCTUATION MARK. (MINIMUM OF 4 LINES)

1)																				
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936 Handyman

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939 Moving & Storage

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**Deadline for Business Services ads in the Johnston Sun Rise, Warwick Beacon & Cranston Herald @ 10 a.m. Monday. Call Sue @ 732-3100.**

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**TWO PAIR OF EYEGLASSES**  
Select In-Stock Frame • Single Vision

**\$99**

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LIMITED TIME OFFER

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Registered Opticians

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**Warwick Oil / Valley Fuel Inc.**

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# PRIME TIME

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SEPTEMBER 24, 2021

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**DOUBLE VISION OPTICAL INC. FREE**  
 1168 Warwick Ave. F.T. -28 Bifocals \$40  
 463-7100 Progressive Lenses \$100  
 Monday - Thursday 10-6  
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 John L. Spaziano  
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 OFFER AVAILABLE WITH FRAME PURCHASE

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Johnston Sun Rise



## Have a Safe Fall during Falls Prevention Week!

Falls Prevention Awareness Week – September 20-24

The National Council on Aging (NCOA), the national voice for every person's right to age well, is encouraging every older adult to complete a Falls Free CheckUp to quickly and easily assess their risk of falling and take steps to reduce that risk.

"Annual checkups are an important way to stay healthy as we age—and that includes checking your risk of falling every year," said Ramsey Alwin, NCOA President & CEO. "Our Falls Free CheckUp makes it easy. Just answer 12 questions, and you will get a personalized report identifying your potential risk—plus easy steps you can take right away to address it. The checkup is also available in Spanish as the Chequeo Contra Caídas."

According to the U.S. Centers for Disease Control and Prevention, one-fourth of Americans aged 65+ falls each year. Falls result in more than 3 million injuries treated in emergency departments annually, including over 850,000 hospitalizations and more than 29,000 deaths.

"Despite these statistics, falling is not a normal part of

aging, and they can be prevented," said Kathleen Cameron, Senior Director of NCOA's Center for Healthy Aging. "We believe it is a team effort to empower all older adults to reduce their risk."

This year, NCOA is partnering with the National Fire Protection Association to highlight the critical role its members play in falls prevention. When an older adult falls at home and needs help getting up, EMS and fire departments are often the first to arrive at the scene. Among people aged 65+, falls are the leading cause of emergency department visits and account for 17% of all 911 calls.

Along with the U.S. Administration for Community Living, NCOA sponsored a webinar series on the fire and falls connection this September. NCOA also created a comprehensive toolkit to help local organizations spread the word about falls prevention in their communities, as well as articles and videos in both English and Spanish for older adults and their caregivers.

### ABOUT NCOA

The National Council on Aging (NCOA) is the national voice for every person's right to age well. We believe that how we age should not be determined by gender, color, sexuality, income, or zip code. Working with thousands of national and local partners, we provide resources, tools, best practices, and advocacy to ensure every person can age with health and financial security. Founded in 1950, we are the oldest national organization focused on older adults. Learn more at [www.ncoa.org](http://www.ncoa.org) and @NCOAging.



Falls Prevention Is A Team Effort

### Fire Department

Ask your local fire department for help making a fire escape plan in case of an emergency to reduce your falls risk.



ncoa.org | FallsFree

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 AnchorBayPocasset.com



MEMOIRS

by SUSAN DEAN

# Heart Connections

Growing up on the other side of the bay, on the mainland, I didn't know much about Newport as it was a place we visited only occasionally. Taking the ferry and later crossing the bridges, we'd bring visiting friends to experience the Cliff Walk or the mansions. Little did I know back in those long-ago days how Newport, years later, would come to hold a special place in my life and in my heart.

I met my husband, David, when he was the Executive Director of the Edward King House Senior Center. When we decided to marry, Dave suggested that we use the King House for both the wedding and the reception. The King House is a beautiful and stately Italian-style villa built in the 1840s and was home to generations of the King family. The King House had enough gilded age charm to qualify as a "mansion wedding" in my eyes.

As we were planning, there was much excitement and talk amongst the members of the King House. Dave reported that the ladies who came for morning coffee, lunch, and classes asked him daily for updates on our plans, and gave him many ideas and suggestions for how to best utilize the King House and offered to help with decorating so that it would look suitable for a summer wedding.

Dave and I decided that we wanted to include the members of the King House in our celebration, but knew that we couldn't invite them to the actual wedding due to our large guest list of family and friends. So Dave came up with an idea. He suggested that we hold the rehearsal, followed by refreshments, in the afternoon on the day before the wedding and invite the Edward King House members to attend.

This was not only well-received, but caused such a bustling stir of activity and excitement in the weeks leading up to the wedding, that Dave could barely get through his work days without someone asking for his opinion. How should the tables be set up, and where would we like the flowers placed, and did he think I'd prefer white napkins or a soft pastel?

The highlight of the day, after rehearsing the ceremony, was to be the hosting of a High Tea. Dave was informed by the King House ladies that this was a very rare event, held only on the most special of occasions.

Dave reported to me that the bustling about in the days and weeks leading up to the rehearsal afternoon was unprecedented. The Good Silver - the ornate antique tea service - had to be brought up from its basement storage, unboxed, and polished to perfection. This, he told me, took hours, with the ladies sitting together in the kitchen chatting and laughing and polishing and sharing memories of when it might have last been used.

This was followed by a general fluttering about, pulling tablecloths out of storage, checking for stains and wrinkles, someone volunteering to wash, while others would iron. The King House collection of dainty porcelain tea cups that had been donated by members through the years were removed from their display cases and carefully inspected. Flowers and candles and centerpieces were discussed and decisions were made.

The day of the rehearsal, the members of the King House were in attendance, smiling and beaming as if they were witnessing the actual wedding. One of the ladies played "Pachelbel's Canon" on the baby grand piano as I made my way down the main staircase.

After the ceremony, there was more hustle and bustle as I was led into the dining room. According to the rules of a High Tea, I was to sit at the head of the table where the shiny silver tea service had been placed. I felt a bit out-of-place as I noticed the line of guests forming and realized that I was expected to pour the tea, but I was quickly coached by the ladies. I was the Lady of the

Day, the Esteemed Hostess, they explained, and my tea-pouring duties were quite important on this momentous occasion.

So I poured the tea from the large silver tea pot into teeny tiny flowered tea cups. I almost felt like I needed to ask "one lump or two?" but suppressed that urge as the guests made their way down to the foot of the table, where my oldest daughter, Rachel, was seated. As my maid of honor, she was in charge of offering thin wedges of lemon, as well as sugar and cream. From head to foot, the large table was laden with sweets and treats - all delicately placed on glass and porcelain plates and trays.

The King House ladies had outdone themselves in making sure that it was a most beautiful and memorable day.

The actual wedding took place the next day on August 19, 2000 - a second marriage for both of us. Dave's son, Brian, at 16, was his best man. My three daughters, Rachel, Joy, and Gretchen - 20, 17, and 14, were my maids. As we stood before the fireplace in the living room exchanging our vows, I wondered if any of the Edward King daughters had been married in that room on that spot more than a century ago.

The reception was fun and festive. Each room was designated as a separate station. Salad in the foyer, pasta in the kitchen, drinks in the library, and the main courses were set up in the dining room. Tables and chairs were scattered throughout the house and on the outdoor patios. Flickering candlelight glowed from every room, giving the house a soft ambiance fitting for an evening wedding. It was a magical night of light and love shared with family and friends.

Through the years following our wedding, I attended many events held at the King House. One of the members told me about the Newport Restoration Foundation and invited me to join her for a tour of Rough Point, Doris Duke's summer home, which had recently opened as a museum.

I fell in love with the house and decided to apply for a part-time job as a tour guide. In 2002, I was hired as a seasonal employee. Working as a tour guide was the perfect summer job for me, providing a refreshing breather from my full-time job as a school speech pathologist.

I retired from my school job in 2017, and Rough Point is now my retirement job. A job I still love.

It's not just the beauty of the house and grounds overlooking the Cliff Walk. And it's not just being surrounded by centuries-old artifacts and artwork by the masters. And it also isn't just the honor of sharing Doris' legacy along with stories of the house and its collections with visitors from around the world. It's the life-long friends I've met there - a family of sorts - from coworkers who started with me nearly 20 years ago, to those who joined us later on, and to those dear ones who have passed away. It has always felt like a family and I will always cherish those lasting friendships forged at Rough Point.

Most, if not all, of the Edward King House ladies who welcomed me to Newport 21 years ago are gone now. But their caring and delight in taking me under their collective wings resonates with me still and makes me smile. And my Rough Point friends make me smile, too.

Newport holds a special place in my heart - a place where I found love and friendship. A place where heart connections began 21 years ago and continue to fill my life with warmth, love, and light.

*Susan Dean lives in Cranston. She is a retired speech pathologist and a part-time tour guide in Newport. Susan is an award-winning children's author and has had several essays published in the Providence Journal.*



GET READY TO DATE

by DEBRA L'HEUREUX



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*Debra L'Heureux is a Certified Matchmaker and owner of Get Ready To Date. [www.getreadytodate.com](http://www.getreadytodate.com)*



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RETIREMENT SPARKS

by ELAINE M. DECKER

# A Port In the Storm

For those who may not know, the backstory of this essay is that I've been in treatment for lung cancer for seven months. I'm having chemo and immunotherapy infusions every three weeks, continuing until February 2023. My cancer team had been encouraging me to have a port installed in my chest to make the infusions easier on everyone. Two months ago, I finally arranged to get "a port in the storm".

Because I'm immunocompromised, I've been staying close to home during the COVID pandemic. I've entertained myself by doing a lot of jigsaw puzzles. My husband found two online that border on being perverse. Many of the pieces are the size of my pinky fingernail. Most are odd-shaped and don't lock into one another. I had to use Scotch tape to hold them in place as I worked. When the cat one was finished, I posted a photo on Facebook. A friend observed: "I hope you had a lot of tape in the house!" Her comment gave me an idea.

If I can have a port for my infusions, why not implant some other useful things in my chest? The first would of course be a Scotch tape dispenser. Then I'd have all the tape I need for any crazy jigsaw puzzles my husband buys me. And just think how helpful it would be when I wrap holiday gifts. Even when I sit on the floor to do this, I'm forever wondering where the scissors and tape have gone under the sheets of paper. Of course, it would be dangerous to implant scissors, but tape would be great.

What I'd really like to have handy right here in my chest is dental floss. I have a lot of caps on my teeth and food is forever getting caught on their rough edges. I floss several times a day. A dispenser that goes with me from room to room would be a godsend.

I'm also a big lip balm user, but I'm not sure having one of those sticks implanted would be practical. How would my mouth reach it? On the other hand, a simple pump to dispense hand lotion would be useful and could work out okay.

Another item I'm often searching for around the house, especially when the slacks I have on are without pockets, is tissues. Imagine having your own tissue dispenser there in your chest! They'd be right where you

need them when you feel a sneeze coming on. A similar implant could hold cotton balls. I don't use nail polish anymore, but I'm sure any woman who does would be happy to have those little puffs pop right out of her chest when she was freshening up her manicure.

One of the symptoms that led to my lung cancer diagnosis was a debilitating cough. I kept lozenges on my bedside table so that I didn't have to get up in the middle of the night to search for some. My cough cleared up once I started treatment, but before that, a chest dispenser would have come in handy. If you like this idea and the tissue one, best to get your pop-up port before flu season is upon us.

Most of these ideas involve personal care products. There's a whole other category to consider—food items. One of my friends never goes out to eat without putting a pepper mill in her purse. Ditto for a dispenser for sea salt, which is supposedly far superior to refined table salt. If she had those on her—literally (in a pair of ports)—her purse would be lighter and she'd never be without her personal S&P.

There's a grocery aisle full of condiments to consider, too. But if you imagine ketchup spurting out of a chest port... Well, that's just plain gruesome. Even soy sauce paints a less than appetizing picture. Mustard and horseradish would probably be more visually acceptable. They're healthier than ketchup, which is also something in their favor.

As you can see, a person wouldn't need to be under treatment for cancer to find a chest port useful. These ideas should offer good investment opportunities for those celebrities on Shark Tank. Mark Cuban and Lori Grenier—if you're reading this, feel free to contact me to "do the deal."

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*Elaine M. Decker's newest book is Retirement Downsizing—A Humorous Guide. Her other books include Retirement Sparks, Retirement Sparks Again, Retirement Sparks Redux and CAN-CER: A Coping Guide. Her essays appear in the anthologies: 80 Things To Do When You Turn 80 and 70 Things To Do When You Turn 70. All are available on Amazon.com. Contact her at: emdecker@ix.netcom.com*



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SENIOR ISSUES

by LARRY GRIMALDI

# A Retrospective: Remembering Down City Ghostly Haunts

Manipulating computer-programmed key cutting machines in mammoth box stores exceeds my technical capability. When I need spare keys, I drive to a neighborhood hardware store on Wickenden Street in Providence. Wandering the narrow aisles of this throw-back emporium evokes an era when the local small business models relied on person-to-person service. Keys in hand, I step outside and glance across the Point Street Bridge. Nostalgia washes over me.

My South Providence tenement houses on Crary Street, and later Hospital Street, in the Jewelry District, bordered Downtown. Prior to the onset of Great Suburban Migration in the 1950s, residents of faraway colonies such as Warwick, Coventry, Woonsocket, Westerly, and the East Bay and South County territories referred to Downtown Providence as "Down City." Step back in time and walk "Down City" streets with me. Along the way, we'll rouse a few Ghosts of Providence Landmarks Past.

Listen closely. You can hear the air-swoosh of United Transit Company (the precursor of the Rhode Island Public Transit Authority) bus doors push open to deliver Saturday pilgrims for Down City adventures. Department stores, movie theaters showing the latest Hollywood films, tea rooms, restaurants, and old school soda fountains awaited.

We'll begin our stroll on the corner of Richmond and Weybosset Streets and stop in front of the Providence Performing Art Center (PPAC) box office. In my day, PPAC was home to the Lowe's theater. Time has erased most memories of big screen movies I saw at the Lowe's, except for the epic sage, The Vikings. One block from the Lowe's,

on grounds now occupied by the Johnson and Wales University campus, was the Outlet Department Store. The Outlet same also housed the original WJAR broadcast studios. My favorite memory of the Outlet is the soda fountain that dominated the front entrance. The ice cream sodas were fabulous!

Crossing Weybosset to the corner of Mathewson and Westminster Streets, I look right and recall images of the Tilden and Thurber Jewelry store and the Fanny Farmer's candy store. At Fanny's Farmer's, I acquired a taste for almond butter crunch candy that lingers on my taste buds to this day. Walking down Westminster Street (originally a street, converted to a pedestrian mall, and then reborn as a street again) brings you to sites of the former Shepard's, Gladdings, and Peerless Department stores. The Shepard's clock stands as a sole sentinel to the byway's distant past.

Strolling back up the street, you can see Grace Episcopal Church, opened in 1845. Grace Church has the aura of an old-style Elizabethan place of worship. Next to Grace Church is the site of the former RKO Albee theatre. I saw my first live jazz performance, featuring Sarah Vaughn and Buddy Rich, at the Albee. The original Harris Fur Company store was up the block, at the corner of Westminster and Empire Streets.

Walking up Empire Street, you can climb the front steps of the Cathedral of Sts. Peter and Paul, my home parish and seat of the Catholic Diocese of Providence. As a youngster, I spent many Sunday mornings in this massive gothic church as an altar server and or as a member of the choir, directed by the world-renown conductor and ecclesiastical music composer C. Alexander Peloquin.

Circling back down Empire Street, we arrive at the Washington Street intersection. The Providence Public Library reference room was my research center as a Classical High School student for reports and term papers. Across the street, the Trinity Square Repertory Theater occupies the former Majestic Theater. The former City Hall Hardware Store was located diagonally across from the movie house.

Walking down Washington Street towards Providence City Hall, we will make a stop at the old Strand Theater. (Don't forget to come for a late-night or early morning snack at the legendary Haven Brothers Diner, parked aside City Hall). In a "you CAN go home again" moment, the Strand housed the offices of the state Department of Elderly Affairs (DEA) when I began working there in 1986. Another "you CAN go home again" moment occurred when DEA offices were later moved to the corner of Richmond and Pine Streets.

Walk to the corner of Dorrance and Washington Streets and look up at the Graduate Hotel, the latest reincarnation of the legendary Biltmore Hotel. I attended a more than a few proms, weddings, and meetings in the Biltmore ballroom over the years. The Graduate borders Kennedy Plaza, the home of Burnside Park and the central transfer point for RIPTA buses. The Old Industrial National Bank Building, the "Superman" Building, watches over the Plaza. If you look across Burnside Park, you will see the old Union Station. Before the relocation of the Providence and Woonasquatucket Rivers and the creation of Water Fire Park, the train station was the embarkation point for distant and exotic cities like Boston and New York. As a URI student, I boarded

the train many times for the short trip back to Kingston. The old Bonanza Bus Terminal was situated at the site of the Rhode Island Convention Center.

I suspect you're tired of walking by now. So I suggest hopping a RIPTA bus and returning to those not-so-distant-any longer Rhody colonies and territories. The Ghosts of Providence Landmarks Past thank you for visiting. Come back anytime for a generous helping of Down City nostalgia.

*Larry Grimaldi is a freelance writer living in North Providence. Comments can be e-mailed to lvgrimaldi49@gmail.com*

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**ACCORDING TO DON**

by DON FOWLER

# It's Never Too Late

I have spent a lot of time, and money, at the dentist.

My parents couldn't afford braces, and dental hygiene was never at the top of my list. After having lived all those years with chipped and crooked teeth, I took my dentist's suggestion and had my four front teeth crowned.

"Doc, I'm 84 years old!" I said.

"You're never too old," he replied.

So I did it.

And I'm glad I did. My teeth look great.

And I feel good about it.

My hearing has declined over the years.

Even with the help of five year old hearing aids, I still have problems at the movies and the theatre. Small groups and dining out are frustrating, especially with background noise.

So when my Audiologist suggested new ones ("They have come a long way in five years") and Blue Cross provided some assistance, I went for it.

Add new glasses, and three of the five

senses were given a boost.

The golf and tennis games are pleasures of the recent past due to weak legs and balance problems, but walking with a cane to help my balance keeps me from becoming a couch potato.

It is never too late to get in that pool at the Cranston YMCA and swim those laps for 45 minutes a couple of times a week. It takes me a little longer than it used to, but

I'm in no hurry.

If it is never too late to assist your aging body, then it certainly never too late to work on the mind. I watch the TV ads with the miracle drugs that supposedly improve your memory, but figure that I have enough pills to swallow in my pill case.

So I turn to crossword puzzles, Jumble, a book always by my chair, and of course, Jeopardy.

It is never too late to gain new knowledge, take up a new hobby, meet new friends, or discover new places.

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**JANET'S NOTEBOOK**

by JANET THARPE

# DIY Pizza Party



I love hosting pizza nights. But, I don't always call my favorite pizzeria. I love to whip up some great - and unusual - pies in my own kitchen.

Making homemade pizza does not need to be hard. Some pizza stores will sell you their dough or, these days, you can pick up pre-made pizza pie crusts in your local grocery store. Making your pie is only limited to your creativity! Seafood, meat, cheese, veggies, BBQ, sauces ... it's up to you. And, you do not need any special equipment other than your oven. Although a pizza stone and pizza peel are really nice tools and fun to use!

Here are a few recipes to spark your pizza night menu.

"Some really awesome recipes are total accidents - like this one," is how Janice Joy Miller describes coming up with her **Spicy Spinach Pizza**. I love a happy accidental recipe. The addition of Kasseri cheese was interesting and definitely not traditional. It added great flavor to this pie.

"My family is a traditional pizza kind of family, but one of my brothers mentioned trying this combination and I rose to the challenge," says Brandi Kirkpatrick of her **Chicken Alfredo Pizza**. I love a good food challenge. The creaminess of an Alfredo recipe, combined with the heartiness of the chicken is great. This recipe could be served as a dinner or cut into smaller pieces for a cocktail party app. So versatile - and filling!

Megan Conner's **Italian Stallion Pizza** is one hefty, hearty pizza. "This is a different approach to the traditional pizza," says Megan. Everyone loved this when I've made this - men, women and children alike. I like to add a smidge more sauce and cheese than what the recipe says because I love cheese - and you can never have enough in my mind.

"[This] is a variation of pizza, but no crust," says Janna Hogan of her **Meatza Pie** recipe. No crust? Hmmm. I was surprised at how much I liked this recipe. It's SUCH an easy and tasty recipe. Janna's recipe is a wonderful foundation. Add additional toppings that you enjoy!

Janell Smith's **Fruit Pizza** is a fun dessert twist to pizza. "[It's] always a huge hit," says Janell. This pizza is light and refreshing. Try adding a bit of lemon juice to the cream cheese mixture for an added punch of flavor.

Ok...I know Christine Reardon's **Fun Pizza Dip** isn't actually a pizza, but it would be great to munch on while waiting on the pizzas! If the recipe has fun in the name, it has to be good ... right? "It is the perfect appetizer for a small gathering," says Christine. This dip is very easy to throw together. You can serve it with crackers and Christine suggests, but I'd also try breadsticks, rye crisps or even tortilla chips.

Making pizza is a great way to get family and friends involved in making dinner. And use these recipes as a starting point. Create some pies using your favorite ingredients. The options are endless!



by CHRIS HOLBERT, CEO SECURATRAC

# Traveling Post-Pandemic Will Be the Same and Different



After months and months of not traveling to visit family and friends and to see destinations that have been on a wish list for years, more people have been booking flights, cruises and hitting the open highway. However, Covid variants continue to cause an increase in case numbers which is complicating things. Some countries have put expiration dates on vaccinations requiring people to have booster shots before they can visit and enjoy the perks of being considered fully vaccinated. States are red flagging each other, requiring people from certain regions to isolate upon arrival. And certain venues will only allow people who are fully vaccinated to attend events from concerts to sports games.

While a lot of the details of traveling are the same, some things have also changed for good, and more preparation and planning is now required to plan a successful trip. Particularly for anyone who has health conditions that make them vulnerable to any illness, let alone Covid. While making travel reservations and packing bags, be sure to keep these tips in mind:

**Have a Healthcare Plan** – Just because you’ve been vaccinated does not mean you are 100% protected against Covid. Recently, two people on a cruise who were vaccinated underwent a routine Covid screening and tested positive. While they were asymptomatic, they still had to quarantine. If you’re traveling a long way from home or even overseas and have to quarantine due to a positive Covid test or get sick, you’ll want to have a plan in place about where

and how you’ll be able to receive medical care and where you’ll be able to stay.

**Overpack Medicine, Vital Supplies** – It seems like a different product or industry is still facing shortages every day. While you don’t walk into a grocery store and see bare shelves anymore, that does not mean that you will not have trouble getting certain supplies while you’re traveling. Planning ahead and bringing extra medication and other items that you need to maintain your health on a daily basis is a necessary precaution as shipping delays and sourcing continue to be a challenge.

**Keep Friends + Family Informed** – Everyone has a cell phone, but you never know if you might get caught in a situation where you have no signal or the battery dies. It is best to provide friends and family with your travel itinerary before you leave home. And then if you have to make any changes update them along the way. A check in every few hours with an updated location is a good idea when driving so that if anything does go wrong, people know a general area of where to look for you.

**Rely on Technology** – Portable power is a must for the

road or air travel to ensure your phone is always powered. And, keep any mobile personal emergency response devices like the Mobile Defender Model S, or SOS button, you may have in an accessible garment pocket. This way if you have an emergency and cannot dial your phone it is within easy reach to call for help. Consider downloading helpful weather, route guidance, gas station finders and other relevant travel apps to your phone. These can give you alerts about bad weather, where to find gas, traffic delays and other local news alerts.

There is always a lot to get done when planning and packing for a trip. Now the planning may take extra steps and require extra gear, but after months of staying at home the investment in a well-planned trip may be well worth it.

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